

## MIDTOWN NEWS – February 3, 2017

Editor: Annette Ashton for the Midtown Residents Association. See [www.midtownresidents.org](http://www.midtownresidents.org)  
LIST SERV at [PaloAltoMidtown@yahoo.com](mailto:PaloAltoMidtown@yahoo.com). Great place to "chat"

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### 1) MIDTOWN TIDBITS

Midtown Residents Association welcomes the grand opening of **Wells Fargo** . on February 6 from 8-9 AM at the Midtown bank..

Hurrah! Midtown resident Dawn Wilcox is Today's Weekly Cover Girl.

FEBRUARY 23: NEXT **Block Preparedness Coordinator Class** at 6 PM at Cubberley H1. RSVP to [epvolunteers@paneighborhoods.org](mailto:epvolunteers@paneighborhoods.org) Learn how your block can be plugged in to the city for emergencies (crime) & disasters.

**Do1Thing** in February: Water. Have 72 hours (3 days) worth of water stored for your household. Brought to you by Emergency Service Volunteers. Tasks

- Purchase and store a 72-hour supply of commercially bottled water (or more - up to two weeks).
- A three-day supply for one person is 3 gallons (12 liters) of water – one gallon (4 liters) per person per day.
- Bottle a 72-hour supply of water at home.
- Replace your water supply every six months if you bottle your own water.
- Learn how to provide a safe supply of drinking water for your household in a disaster.
- If you have freezer space, consider freezing part of your water supply. This has the added advantage of keeping food in the freezer cold longer during a power outage

Register now for **Spring Ice Skating Classes** at Winter Lodge! The spring session of classes will run from February 13 -April 15. The nine week session includes 1/2 hour group class once a week, free practice time on the day of the lesson, 2 extra free practice passes and rental skates. Please visit website for more information [www.winterlodge.com](http://www.winterlodge.com) and call to register 493-4566.

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### 2) CITY/COUNTY/SCHOOL EVENTS

The Silicon Valley Water Conservation Awards Coalition is seeking applications and nominations for **water conservation stars!** Do you know of a business, organization, agency or individual who has demonstrated excellence in an area of water use efficiency? Please apply or nominate someone today! The deadline to apply is TODAY, February 3rd. Details, see [www.waterawards.org](http://www.waterawards.org). The Awards Ceremony will be on World Water Day, March 22.

Ideas & Models Sought for **Food Scrap Collection** Campaign – Reply by 2/17. How do you make the City's Food Scrap Collection program work best in your household? Zero Waste Palo Alto wants your ideas for an upcoming outreach campaign about overcoming challenges to composting! Please share tips on how you prevent smells, fruit flies, messiness, inconvenience, etc. We would like to feature these tips, together with photos of residents, in an upcoming ad campaign. Email your ideas to [zerowaste@cityofpaloalto.org](mailto:zerowaste@cityofpaloalto.org), along with your name, phone number and address by 2/17. If you'd like to be considered for a photo, please also provide your availability for a 1-hour commitment on 2/27. If you have questions, email [zerowaste@cityofpaloalto.org](mailto:zerowaste@cityofpaloalto.org).  
CITY COUNCIL

### CITY COUNCIL

- February 6: Study session: Stanford GUP. Topics: Weed Abatement; Downtown RPP; Pets in Need Contract Agreement; Annual Report on Development Impact Fees for Fiscal Year 2016. Agenda at

<http://www.cityofpaloalto.org/civicax/filebank/documents/55702>. TOPIC MOVED TO MARCH 6: Accessory Dwelling Units.

- February 8: State of the City at 7PM at the HanaHaus on University Ave, the former Varsity Theater. A reception will follow the event. <http://www.cityofpaloalto.org/civicax/filebank/documents/55827>
- February 13: Pre- Screening Study Session 4146 El Camino. Regular meeting 6PM. Topic: Interim Retail Urgency Ordinance & Downtown RPP amendments. <http://www.cityofpaloalto.org/civicax/filebank/documents/55811>

FEBRUARY 7: **Finance Committee** meeting cancelled.

FEBRUARY 8: **Planning & Transportation Commission** Meeting, City Council Chambers, 6:00 PM. Topics: update on the city's Comprehensive Plan update, Public Scoping Meeting on EIR for Castilleja School Agenda at <http://www.cityofpaloalto.org/civicax/filebank/documents/55793>

FEBRUARY 9: **Human Relations Commission** at 7 PM.

FEBRUARY 13: Appeal of zoning violation (absence of a grocery store) at **Edgewood Plaza** at 9 AM in Council Chambers

FEBRUARY 15: **Directors' Hearing** at 3:30 PM Council Chambers on 829 La Para

FEBRUARY 16: **Architectural Review Board** at 8:30 AM council chambers. Projects: 855 El Camino, 2600 El Camino, and Traffic Safety and Bicycle Boulevard Projects.

FEBRUARY 16: **Public Art Commission** at 7 PM, first floor meeting room, City Hall.

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### 3) LOCAL EVENTS/NEWS

See all **Avenidas Activities** at <http://www.avenidas.org/>. Don't forget to PRE Register at [www.avenidas.org](http://www.avenidas.org) or by calling 289-5400. Selected events and news below. See full schedule at <http://tinyurl.com/mfhqpuv>.

- Feb 9: Skin Cancer Screening. Appt required
- Feb 10: Garden Club: "Cold Weather Plant Care" by Santa Clara Master Gardeners, 1:30-3 PM. FREE
- Feb 13 at 1:45PM Meet Dr Atul Gawande on the topic "Being Mortal" and celebrate the 15th anniversary of the Village Movement. FREE
- Feb 13: UNA Film Festival "On a Tightrope." 2-3:30 PM. FREE
- Feb 15: Reiki appts available. FEE: \$30/\$35
- Feb 15: Mindfulness Meditation every Wednesday, 2:30-3:30 PM. FREE
- Feb 16: Musical Jam Session from 2-4 PM. Bring your uke, harmonica, voice, or any acoustic instrument. FEE: \$3
- Feb 21: "Medication Management Tips: What Helps and Why" from 2:30-4 PM. FREE
- Feb 23: Feb 23 Book Club: "Marriage of Opposites," 2-3:30 PM. FREE
- Feb 27: Senior Adult Legal Assistance, appts available for Santa Clara County residents age 60+. FREE

**Deborah's Palm Events:** See all events at [www.deborahspalm.org](http://www.deborahspalm.org). Call: 473-0664. Ongoing Free Classes & Activities.

- Feb 3: Shine on Circle from 10-noon
- Feb 10: Poetry Lovers Group from 1-3 PM
- Feb 18: Goal Setting Workshop from 8:30 AM-2:30 PM
- Feb 22: LinkedIn Workshop from 5:30- 7:00PM
- Feb 25: Assertiveness Workshop from 9AM -12:30PM

Talking with Henrietta - "**Civility in the Age of Trump**"- The inauguration of Pres. Donald J. Trump has ushered in a whole new era. On this edition of Talking with Henrietta, Congresswoman Jackie Speier and other show guests discuss some of the characteristics of this new era and some of the divisions it has spawned. See this thought-provoking show over the Internet and on Comcast 30 on Sundays@5 pm, Tuesdays@8 pm, Wednesdays@2 am & 11 am, Thursdays@8 pm & Fridays@3:30 am & 12 pm and Saturdays at 10 am. Get more information about this show at <http://www.epatoday.org/tv.html#newera>

**Stanford Live:** 2/7 Black Arm Band; 3/19 Black Grace

**Stanford 4 You.** See all Stanford Events in February at <http://us5.campaign-archive1.com/?u=a8e6569da943904e9ac369cde&id=1bbc56a26b&e=1164130f95>

FEBRUARY 2-4 & 2/17-18: Lucile Packard **Rummage sale** at 807 E Bayshore, East Palo Alto (between University & Willow) from 10 AM - 1PM

FEBRUARY 9: **Stanford Fiction Writers** - Featuring popular professor Lynn Stegner, Geology Corner Auditorium, Bld 230, Rm 105 at 7:30 PM. FREE.

FEBRUARY 9-11: **FABMO Selection Event** (Thu 4p-8p, Fri 8:30a-6p, Sat 9a-12). Schedule your appt at <http://schedule.fabmo.org/schedule/FabMo/Appointments?view=week>

FEBRUARY 11; **Stanford Saturday University** from 8:45 AM - 4 PM. Register and Details at [continuingstudies.stanford.edu/SSU2017](http://continuingstudies.stanford.edu/SSU2017). Topics: Misled by the Map: Geography Gets Political Tipping Point for Planet Earth: How Close Are We to the Edge? Finding Meaning in an Unjust World Young Blood for Old Brains

FEBRUARY 14: "**This Chair Rocks: A Manifesto Against Ageism**" from 10-11:30 AM at the Institute for the Future, 201 Hamilton Ave. FREE. Register at [www.iff.org](http://www.iff.org).

FEBRUARY 14: At the JCC: Demo of the **evolution of period instruments** from the Baroque era to the present from 1-2:30 PM. FEE \$15

FEBRUARY 16: Master Gardeners workshop on **growing vegetables and flowers from seed** at 7 PM Rinconada Library

FEBRUARY 22: "**What Matters to Me & Why**", Marc Tessier-Lavigne, Stanford's eleventh president at noon at Memorial Church

FEBRUARY 23: USGS Monthly Lecture at 7:00 PM, USGS HDQ, Rambo Auditorium/Bldg. 3, 345 Middlefield Rd, Menlo Park. "**Geology Up-Close** - Big answers from small scale observations" by Leslie Hayden, Diane Moore, USGS Geologists, Kathryn Watt, USGS Research Geologist, Marjorie Schulz, USGS Research Hydrologist, and Lara Stern, USGS Research Geophysicist. How does a scanning electron microscope (SEM) work? How does USGS study with the SEM? Earthquakes, Volcanoes, Mineral and energy resources, Soil and aquifer processes.

FEBRUARY 28: At the JCC: Lecture "**Hidden problem of abuse** in affluent communities" from 1-2:30 PM, Room E-104. FEE \$15.

APRIL 15: Homesteading 101: "**Cultivate Edible Mushrooms in your own Garden**" 2:00 - 4:00 PM. Register at <http://bit.ly/2jpxaAm>. Common Ground, 687 Arastradero Road. See [www.commongroundgarden.org](http://www.commongroundgarden.org)

## OLD

FEBRUARY 3: Wear Red - Support the American Heart Association -National Wear Red Day® - a day to bring national attention that heart disease is the #1 killer of women, & raise awareness of women's heart health.

FEBRUARY 4: "How to Prune Roses" at Palo Alto Demonstration Garden, 851 Center Drive from 10-11:30AM

FEBRUARY 4 Palo Alto Adult School Asian cooking class. Three sessions available on Feb. 4, Feb. 11 & Feb. 25 from 11:00 - 3:00. FEE: \$55. Register at [www.PAAdultSchool.org](http://www.PAAdultSchool.org) or call 329-3752.

FEBRUARY 4: At the JCC: "Annual Benefit Featuring Michael Franti" from 6-11PM. FEE: \$300. See <https://palaltojcc.org/Events/2017-ofjcc-annual-benefit-3>

FEBRUARY 4: Common Ground Classes: "Early Spring Fruit Tree Grafting" from 2-4 PM. Common Ground, 687 Arastradero Road. For more or to register, go to [www.commongroundgarden.org](http://www.commongroundgarden.org)

FEBRUARY 5: At the JCC: "Opera for Families: 'Sounds of the Earth' 4:30-5:30 PM. FEE: \$18, \$15 Mem, Children & J-Pass.

FEBRUARY 6: At the JCC "The Matzo Ball Diaries", 7:30 -9:30 PM, FEE: \$30, \$25 Mem & J-Pass.

FEBRUARY 9: Avenidas sponsors: Meet Jim Plunkett at the Woman's Club of Palo Alto (475 Homer) from 4 - 6:30 PM with free hot dogs and beer. FEE: \$50/VIP tickets \$100.

FEBRUARY 10: At the Art Center: TAKEOVER: Teen Creativity Party! from 6-9 PM with art activities, music, snack and candy bar, and more! Join the Teen Arts Council for an Open Mic at 7 p.m. FREE with school ID.

FEBRUARY 10: Supervisor Joe Simitian sponsors "Literature, Leadership and Lunch", 11:30-1:30 at Mitchell Park Library. Fee: Start at \$75. Full details and to register see <http://www.tinyurl/Literature2017>

FEBRUARY 11: At the JCC: "Rhythmic Circus: Feet Don't Fail Me Now" at 7:30PM. Master Class FEE: \$70 Premium | \$60 Public | \$55 Mem & J-Pass

FEBRUARY: CANOPY tree walks include: Feb 11- Johnson Park to Gamble Garden; March 11- Mitchell Park (part of Arbor Day Festival) Apr 8 - Midtown Neighborhood; May 13- Southgate Neighborhood; Jun 10 - Rinconada Library and Art Center; Jul 8 - Junior Museum and Zoo; Aug 12 - West Bayshore Neighborhood; Sept; College Terrace Neighborhood; Oct 14 - Greenmeadow; Nov 12 - Gamble Garden.

FEBRUARY 12: Gamble Garden: JAPANESE MAPLE PRUNING from 9:30- noon. Fee: Mem \$25; Non-mem \$35

FEBRUARY 12: At the JCC: "Cast Out: Taboo, Tyranny and Tolerance from Spinoza to Modern Times", 4:00-7:30 PM. FEE: \$15

FEBRUARY 16: Stanford Creative Writing Program - visiting writer Stuart Dybek reading at 8PM at Bechtel Conference Center, Encina Hall, Stanford. FREE. <http://Creativewriting.Stanford.Edu>

FEBRUARY 18: Yoga for a Healthy Back from 11:00 AM-12:30 PM. FEE: \$30. Sponsored by Common Ground. For more info and to register online: <http://bit.ly/2gKaemg>

FEBRUARY 18: Gamble Garden tea from 3-5 PM with a special program! Gamble Board member will lead a discussion of the "The Invention of Nature" by Andrea Wulf. FEE; Advance Registration \$15. At the door \$20.

FEBRUARY 22: Stanford Continuing Education free lecture, 7:30PM, Cubberley Auditorium, School of Education. "Living Better Together: Trust, Truth, and Technology: How Media Are Shaping the Way We Trust One Another."

FEBRUARY 25: At Gamble Garden: "Replace Your Front Lawn with an Eye-Catching Garden" from 9:30 - 11:30 AM. FEE: \$25 mem, \$35 non-mem. Register at [www.gamblegardens.org](http://www.gamblegardens.org)

FEBRUARY 25: Summerwinds Nursery FREE class "Citrus Know-How" 11-noon. Learn how to plant and care for citrus. Seating is limited. Go to [www.summerwindsnursery.com](http://www.summerwindsnursery.com)

FEBRUARY 26: Repair Café at Museum of American Heritage, 351 Homer Ave

FEBRUARY 26: "Planting Camellias" at Gamble Garden from 1:30 - 4:30 PM. FEE \$40 mem; \$50 non-mem. See [www.gamblegarden.org](http://www.gamblegarden.org)

MARCH 4: Mother's Symposium at Stanford with keynote by Anne Lamont at Dinkelspiel Auditorium on the Stanford Campus. The event is from 9:30AM -12:30PM

MARCH 10: Avenidas Presents "Doing Good and Doing it Right: Making Tax Smart Gifts during your Lifetime" from 11-12:30PM. FREE. RSVP to 289-5400

MARCH 19: iPhone Garden Photography at Gamble Garden from 1:30 - 3:30 PM. FEE \$40 mem; \$50 non-mem. See [www.gamblegarden.org](http://www.gamblegarden.org)

MARCH 25: At Common Ground (687 Arastradero Road.) "Permaculture: Guilds for a healthy garden" from 2:00 - 4:00 PM. Register online at <http://bit.ly/2iltHOb>

MARCH 26: 4th Annual Racing Hearts 5k walk/run and 10k run to raise much needed funds for community AEDs (Automated External Defibrillators) at 9 AM, Koret Plaza, Stanford University. Registration: <https://raceroster.com/events/2017/10369/racing-hearts-5k10k-201>. Website: [www.racinghearts.org](http://www.racinghearts.org)

MARCH 26: Spring Family Day at the Art Center from 1-4:30PM Enjoy an afternoon of art activities and performances to welcome spring!

APRIL 20: Acterra "Party for the Planet" honoring Walt and Kay Hays at 6 PM at the JCC. Fee: \$150 AND UP on sale in March. [www.ACTERRA.org/Party](http://www.ACTERRA.org/Party)