

## MIDTOWN NEWS – April 7, 2017

Editor: Annette Ashton for the Midtown Residents Association. See [www.midtownresidents.org](http://www.midtownresidents.org)  
LIST SERV at [PaloAltoMidtown@yahoo.com](mailto:PaloAltoMidtown@yahoo.com). Great place to "chat"

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### 1) MIDTOWN TIDBITS

April 8: **CANOPY tree walk** Midtown Neighborhood. More information about the tree walk is available at [canopy.org](http://canopy.org) from 10-noon. Join Canopy and expert arborist Herb Fong for a walk through the Midtown neighborhood. We'll explore a diverse array of tree species such as the Silk Tree, Scarlet Oak, Carob, Australia Tea Tree, and more.

APRIL 29: **Become a Block Preparedness Coordinator** and help your block be resilient in the face of a disaster. Training Sat, April 29 from 1-3:45PM at Mitchell Park Community Center, Matadero Room.

- Is one of your 2017 Resolutions to engage in a "Random Act of Kindness"?
- Are you a "social" person and enjoy being neighborly?
- Do you want to help create a sense of community in Palo Alto?

If you answered yes to any of these then this program is for you! Sign up by sending email to [epvolunteers@paneighborhoods.org](mailto:epvolunteers@paneighborhoods.org)

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### 2) CITY/COUNTY/SCHOOL EVENTS

#### CITY COUNCIL

- April 7: Special City Council Retreat "Effective Governance: Understanding the Challenges." Agenda. <http://www.cityofpaloalto.org/civicax/filebank/documents/56812>
- April 8: Special City Council Retreat "Governing Together." Agenda <http://www.cityofpaloalto.org/civicax/filebank/documents/56813>
- April 10: Council cancellation
- April 11: Start approx 6:30PM after closed session. Topics: Zoning changes for parking garage downtown & Downtown parking study update. <https://www.cityofpaloalto.org/civicax/filebank/documents/56807>

APRIL 11: **High Speed Rail** Community meetings SF to San Jose segment. Success Center, 875 W Maude, Mt View from 5-8PM. Other sessions in SF on April 1, and San Mateo on April 13. See <http://tinyurl.com/lwz4bh8>

APRIL 11: Introduction of the **Eichler Neighborhood Design Guidelines**, Mitchell Park Community Center at 6:30PM in the Midtown Room. RSVP to [Eichler@CityofPaloAlto.org](mailto:Eichler@CityofPaloAlto.org).

APRIL 12: **Planning & Transportation** Commission 6:00 PM in council chambers, scoping meeting for Public Safety building to evaluate what environmental effects to include in EIR.

APRIL 20: **Public Art Commission** at 7PM at first floor meeting room, city hall.

MAY 23: Development Services Department hosts training "**Zero Net Energy for Design Professionals**" at Mitchell Park Library from 9-noon. Register at <http://tinyurl.com/l95aspd>

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### 3) LOCAL EVENTS

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#### National Volunteer Week, April 23-29!

See all **Avenidas Activities** at <http://www.avenidas.org/>. Don't forget to PRE Register at [www.avenidas.org](http://www.avenidas.org) or by calling 289-5400. Selected events and news below. See full schedule at <http://tinyurl.com/mfhqpuv>.

- See Avenidas site for Reflexology, Reiki, Massage, Acupuncture, Rosen method body work, meditation, walking, cycling, borrowing durable medical equipment, foot & nail care, and much more.
- Fridays through April 14: AARP Tax Assistance and Electronic Filing FREE by appointment
- Wednesdays start April 10: "Musical Moments" FEE: \$60 member
- April 14: "Goal Setting for Seniors" at 9:30 AM FEE: \$20
- April 17: "Medication Management Tips: What Helps and Why" at 2PM FREE
- Tuesdays start April 25: "Myself Out Loud: Writing Your Oral Memoir" at 3:30 PM. FEE: \$100 member

**Deborah's Palm Events:** See all events at [www.deborahspalm.org](http://www.deborahspalm.org). Call: 473-0664.

- Thursday evenings: Women's Support Group at 6:30 PM. Contact Annette Glass at [annetteglassmfti@gmail.com](mailto:annetteglassmfti@gmail.com)
- First & Third Fridays: "Life Lessons". Explore the topic of forgiveness. Upcoming dates: 7-Apr, 21-Apr, 5-May, 19-May, 2-Jun, and 16-Jun. The time is always noon-1:30 PM.
- April 13- June 1: The Daring Way - 8 Week Workshop from 7- 9:30PM. For more information: 415/794-3554 or [moni@ottossons.org](mailto:moni@ottossons.org). Topics such as vulnerability, courage, shame & worthiness.
- April 19- May 31: Job Search Strategy Group from 7 - 8:30 PM. Registration is required for all workshops. [www.careergenerations.com](http://www.careergenerations.com) or email: [info@careergenerations.com](mailto:info@careergenerations.com)
- Quilting for a Cause: Looking for more sewers for pillows for cancer patients! Contact Dorothy for more info or if you have a machine or material to contribute at [tutorjust4you@gmail.com](mailto:tutorjust4you@gmail.com).

Talking with Henrietta - "**Health Disparities in Minority Communities**" - The fact that there are health disparities between ethnic groups in the U.S. is well-documented. On this edition of Talking with Henrietta, we give more information about these disparities and present different approaches to closing them. See this show over the Internet and on Comcast 30 on Sundays@5 pm, Tuesdays@8 pm, Wednesdays@6 p.m., Thursdays@8 pm and Fridays@3:00 am & 12 pm and Saturdays at 10 am. Get more information about this show at <http://www.epatoday.org/tv.html#healthdisparities>.

APRIL 8/9: Stupendous Super-Size **Book Sale** - Friends of the Palo Alto Library. At Cubberley. With this rainy weather, it is a good time to curl up with a book. You know the drill. More at [www.fopal.org](http://www.fopal.org)

APRIL 10: At the JCC: "**Community Passover Seder**" from 5-7PM. FEE \$18.

APRIL 11; At FABMO "**SEWMO**" from 11-1PM. Bring your own machine. April 12: Crafts Sewing Group at 6PM at 970 Terra Bella Avenue, Suite 8, Mt View.

APRIL 15: Homesteading 101: **Cultivate Edible Mushrooms** in Your Own Garden from 2-4PM. FEE: \$35. Register at <http://bit.ly/2jpzaAm>. Interactive workshop with hands-on with mushrooms. Learn how easy it is to grow several common edible mushrooms at home. Everyone will get to take home a live culture (implanted in a 2.5' long, 5" diameter oak log) to grow to maturity and naturalize in your own garden. Introduction to simple methods to grow 3 different edible mushrooms that are known to be the easiest for beginners to try out. Materials provided. At Common Ground, 687 Arastradero Road. See [www.commongroundgarden.org](http://www.commongroundgarden.org)

APRIL 18: Peninsula Interfaith Action invites you to "**A Scientific Call to Action on Climate Change**" at 7:30 PM at Our Lady of the Rosary Catholic Church, 3233 Cowper St. Free with refreshments at 7:15PM. Are you looking for ways to explain climate science to your non-scientist friends? Tips in how to "talk science" to others at this presentation.

APRIL 21/22: At Avenidas: **Baubles & Beads Benefit:** Apr 21, 4:30-7:30, you'll enjoy cocktails and live music! Sat, Apr 22, from 10:30 to 4, you can indulge in pastries and other treats as you shop.

APRIL 23: At the JCC: "Spring Into Summer **J-Camp Open House**" from 11:00-3:00. FREE. Bring your children to a fun-filled day where they will get a glimpse into the exciting activities they can experience at J-Camp at the OFJCC! Featuring free kosher-style hot dog BBQ, face painting, carnival games, a bounce house, arts & crafts, and much more, all run by our talented J-camp counselors. Everyone who attends will be entered into an amazing raffle for great family-themed prizes, including a free week of J-Camp!

APRIL 27: USGS Monthly lecture "**Potential Corrosivity of Untreated Groundwater** in the United States" at 7PM at USGS Hdq, Rambo Auditorium/Bldg. 3, 345 Middlefield Rd., Menlo Park.

APRIL 29: "**Growing Great Tomatoes**" from 2-4 PM. Register online at <http://bit.ly/2nArgNW> at Common Ground, 687 Arastradero Road. FEE: Early \$25, at door \$35.

May 13: **Canopy Tree walk in Southgate** Neighborhood. More information about the tree walk is available at [www.canopy.org](http://www.canopy.org) from 10-noon. Meet near Palo Alto High School Parking Lot at Churchill & Castilleja. With expert arborist Chris Regan. Learn about the fast-growing Black Locust, stately Coast Redwood, elegant Camphor, Cork Oak, Japanese Persimmon, and more.

MAY 13: "Homesteading 101: **Adding Edibles to Your Garden**" 2:00 to 4:00 PM. Register online at: <http://bit.ly/2mBf0n7/> at Common Ground, 687 Arastradero Road. FEE: Early \$25, at door \$35

JULY 10- AUG 4: Stanford Course on **Biomedical Research** for High School students from 9-12 daily. For more, go to [www.explore.stanford.edu](http://www.explore.stanford.edu)

## OLD

APRIL 8: Palo Alto Philharmonia at Cubberley Theatre with pre-concert talk at 7:30 PM. FEE: \$22 public, \$18 senior, \$10 student

APRIL 9: "**Youth job expo**" at Mitchell Park Community Center from 2 - 4:30 PM. FREE. Register for workshops at [www.tinyurl.com/PAYCjobexpo](http://www.tinyurl.com/PAYCjobexpo). Contact [Jose.PerezSanchez@cityofpaloalto.org](mailto:Jose.PerezSanchez@cityofpaloalto.org).

APRIL 9: Gamble Garden "**Easter Egg Hunt**." Go to [www.gamblegarden.org](http://www.gamblegarden.org). Three times: 9:30 AM, 11 AM or 12:30 PM. Register at [www.gamblegarden.org/evbt/annual-easteregg-hunt/](http://www.gamblegarden.org/evbt/annual-easteregg-hunt/)

APRIL 9: At the JCC: David Goldberg: "**A Family History Art Exhibition & Reception**", 5:30 - 7PM. FREE.

APRIL 12: Art Center's 45 Anniversary celebration with David Kelly, Founder and CEO of IDEO, and Previous Mayor Sid Espinosa. For ticket information, visit [www.paacf.org](http://www.paacf.org)

APRIL 15: Homesteading 101: "Cultivate Edible Mushrooms in your own Garden" 2:00 - 4:00 PM. Register at <http://bit.ly/2jpzaAm>. Common Ground, 687 Arastradero Road. See [www.commongroundgarden.org](http://www.commongroundgarden.org)

APRIL 18: Chelsa Clinton at Kepler's at 7PM to sign her new book, "It's Your World: Get Informed, Get Inspired and Get Going." FEE: \$15 in advance includes entrance for family of 4 and book.

APRIL 18: At the JCC: Movie 'Screenagers', 6:30-9: PM. FEE: \$10, Free- kids under 18.

APRIL 20: Acterra "Party for the Planet" honoring Walt and Kay Hays at 6 PM at the JCC. Fee: \$150 AND UP on sale in March. [www.ACTERRA.org/Party](http://www.ACTERRA.org/Party)

APRIL 22; Earth Day & Great Race for Saving Water, 9 AM -3 PM at the Baylands Athletic Center. The Earth Day Festival is FREE, with fee for 5K fun run and walk. [https://www.flipcause.com/secure/cause\\_pdetails/MTYxNzE](https://www.flipcause.com/secure/cause_pdetails/MTYxNzE)

APRIL 23: **TEDX Stanford**: <https://tedx.stanford.edu/>. Watch/attend

APRIL 25: At the JCC; San Francisco Mandolin Orchestra Lunch and Concert 12:00–1:30 PM. FEE: \$20 or two punches of the Community Tuesdays Punch Card

APRIL 28/29: Gamble Garden Spring Tour from 10 AM - 4PM. Tickets now on sale at [www.gamblegarden.org](http://www.gamblegarden.org). FEE: \$30 mem, \$35 public. Boxed lunches available for an additional \$15.

APRIL 29: "Maintaining Native Gardens" at 9:30 AM at Mitchell Park Community Center. FREE. Register at [http://bawsca.org/classes\\_2.php?id\\_evnt=90](http://bawsca.org/classes_2.php?id_evnt=90)

MAY 6: Annual May Fete at Heritage Park. The fair will include children's activities, great food, and picnicking for families. The Museum of American Heritage will be hosting their Annual Vintage Vehicle and Family Festival.

MAY 6: Mitchell Park Run at 8 AM. Proceeds to Freedom House, an organization that helps victims of human trafficking in the Bay Area. FEE: \$35. After April 22 \$45. Register [www.tinyurl.com/zd6qrqj](http://www.tinyurl.com/zd6qrqj)

MAY 9: "Fear of a Faith: Sharia. Surveillance. Terrorism. the Muslim Ban. What's real, and what's not?" Moderator: Supervisor Joe Simitian from 7:00 – 8:30 PM at the Rinconada Library. RSVP at [www.commonwealthclub.org/sv](http://www.commonwealthclub.org/sv) or call 408-299-5050.

MAY 9-10: Seniors and the homebound free assistance with household tasks. Silicon Valley Association of Realtors' Realtor Service Volunteer Program. Apply by March 22 at 408-200-0100 or see [www.silvar.org](http://www.silvar.org) for an application.

MAY 16: Tall Tree Awards: from 5:30 PM (reception) 7 -9 PM dinner & awards. Register Online at [www.PaloAltoChamber.com](http://www.PaloAltoChamber.com)

MAY 22: "Women and Islam." Moderator: Supervisor Joe Simitian from 7:00 – 8:30 PM at the Rinconada Library, Embarcadero Room. Please RSVP at [www.commonwealthclub.org/sv](http://www.commonwealthclub.org/sv) or call 408-299-5050.

JUNE 3: Bay Choral Guild at All Saints Episcopal Church, 555 Waverley at 8 PM. See <http://baychoralguild.org/>

Palo Alto Speech and Debate Camp! Session 1: June 13-17; Session 2: July 31-Aug 4. The camp focuses on providing students with an introduction to speech and debate. See <http://pasdc.weebly.com/>. For questions: [palyspeechanddebate@gmail.com](mailto:palyspeechanddebate@gmail.com).

CANOPY tree walks: Jun 10 - Rinconada Library and Art Center; Jul 8 - Junior Museum and Zoo.