

MIDTOWN NEWS – April 14, 2017

Editor: Annette Ashton for the Midtown Residents Association. See www.midtownresidents.org
LIST SERV at PaloAltoMidtown@yahoo.com. Great place to "chat"

1) MIDTOWN TIDBITS

APRIL 29: **Become a Block Preparedness Coordinator** and help your block be resilient in the face of a disaster. Training Sat, April 29 from 1-3:45PM at Mitchell Park Community Center, Matadero Room.

- Is one of your 2017 Resolutions to engage in a "Random Act of Kindness"?
- Are you a "social" person and enjoy being neighborly?
- Do you want to help create a sense of community in Palo Alto?

If you answered yes to any of these then this program is for you! Sign up by sending email to epvolunteers@paneighborhoods.org

EPREP TIP: Some medication, like insulin, requires refrigeration. The U.S. Food and Drug administration recommends that if power has been off for a while, those drugs should be discarded. However, if they are necessary for life, they may be used until a new supply becomes available. Drugs that have to be reconstituted (made into a liquid using water) should be mixed only with purified or bottled water. Liquids other than purified or bottled water should not be used to reconstitute these products. Medication exposed to excessive heat and floodwater can also become unsafe. Keep medication in a waterproof container and check it for exposure before use. (Source: FDA and Emergency Essentials).

PHIL'Z Midtown has an exhibit from Midtown artist Jenny Hopkinson until the end of May. She invites you to pop in.

2) CITY/COUNTY/SCHOOL EVENTS

CLOSED Sunday April 16 - Mitchell Park Complex in honor of holiday.

CITY COUNCIL

April 17: Start approx 6PM after closed session. Agenda at <http://www.cityofpaloalto.org/civicax/filebank/documents/56900>. Topics: VTA Next Network Initiative Final Plan and the draft Palo Alto Transit Vision Plan, \$22.9 million construction contract/\$2 million management contract for a new sludge dewatering and load-out facility; Sustainability and Climate Action/Implementation Plan. First reading of ADU (Accessory Dwelling Units).

April 27: Special Meeting at 6PM to interview candidates for Boards & Commissions. Agenda at <http://www.cityofpaloalto.org/civicax/filebank/documents/57024>

APRIL 18: **Finance Committee** : Cancelled

APRIL 18: **PAUSD**: Topics: budget balancing plan for 2017-18 school year, district's 10- year facilities master plan, Office for Civil Rights complaint and revised board policies at 6:30 PM at the district office, 25 Churchill Ave.

APRIL 20: **City/School Liaison Committee** at 8 AM in the district office, 25 Churchill Ave. Agenda: <http://www.cityofpaloalto.org/civicax/filebank/documents/57011>. Topic: Cubberely Master Plan Update

APRIL 20: **Public Art Commission** at 7PM at first floor meeting room, city hall. Topics: artworks deemed most in need of restoration/deaccession; artist selection for the proposed expansion of Avenidas, Public Art in Private Development program. Agenda at <http://www.cityofpaloalto.org/civicax/filebank/documents/57016>

APRIL 21: P [AUSD Policy Review](#) Committee at 8:30 AM at District office, 25 Churchill, Room A,

APRIL 25: [Policy & Services](#) at 7 PM in first floor meeting room, city hall. Agenda:
<http://www.cityofpaloalto.org/civicax/filebank/documents/57017>

APRIL 26: Special [City Council Rail Meeting](#) . Agenda forthcoming.

APRIL 27: [Historic Resources Board](#) at 8:30 AM Council Chambers. Topic: Mills Act Policy

MAY 23: Development Services Department training " [Zero Net Energy for Design Professionals](#)" at Mitchell Park Library from 9-noon. Register at <http://tinyurl.com/l95aspd>

3) LOCAL EVENTS

Call for Nominations : [Kiwanis Angel Award](#) for those individuals who have had a significant and positive impact on children and youth in Palo Alto and the Mid-Peninsula. The Kiwanis Angel Award information sheet and nomination form at <http://tinyurl.com/kdn2rj7>. Submissions due by June 2, 2017.

See all [Avenidas Activities](#) at <http://www.avenidas.org/>. Don't forget to PRE Register at www.avenidas.org or by calling 289-5400. Selected events and news below. See full schedule at <http://tinyurl.com/mfhqpuv>.

- See Avenidas site for Reflexology, Reiki, Massage, Acupuncture, Rosen method body work, meditation, walking, cycling, borrowing durable medical equipment, foot & nail care, and much more.
- April 17: "Medication Management Tips: What Helps and Why" at 2PM. FREE
- April 19: Parkinson Speaker Series with panel at 2:30PM. FREE
- Tuesdays start April 25: "Myself Out Loud: Writing Your Oral Memoir" at 3:30 PM. FEE: \$100 member

Deborah's Palm Events: See all events at www.deborahspalm.org. Call: 473-0664.

- Thursday evenings: Women's Support Group at 6:30 PM. Contact Annette Glass at annetteglassmfti@gmail.com
- April 19- May 31: Job Search Strategy Group from 7 - 8:30 PM. Registration is required for all workshops. www.careergenerations.com or email: info@careergenerations.com
- Quilting for a Cause: Looking for more sewers for pillows for cancer patients! Contact Dorothy for more info or if you have a machine or material to contribute at tutorjust4you@gmail.com.

APRIL 15: [PALY flea market](#) at PALY High School from 9AM- 3PM.

APRIL 16: At the JCC: [Gaga Dance](#), a unique body language that was developed by Ohad Naharin, choreographer of the famous Bat Sheva dance company. 7PM. FEE: \$15,

APRIL 17: "[Agriculture's Role in Addressing Climate Change](#)" Sponsored by League of Women Voters & Avenidas. Panel discussion on how we, as individuals and as a society, can lower our carbon footprint of food. FEE: \$15. See <http://tinyurl.com/hjxwvdy> for more and tickets. From 12 - 1:30 PM, First Baptist Church in Palo Alto, 305 N. California Avenue.

APRIL 17: "[Hearth and Soul](#)" session lead by Burt Liebert sponsored by Transition Palo Alto, 7-9 PM, 2251 High St. RSVP needed: Burt at 493-3747.

APRIL 20: Master Gardener class: "[Plants that Attract Birds, Bees and Beneficial Insects](#)," from 7-8:30PM at Riconada Library.

APRIL 21/22: Menlo Park Sidewalk [Fine Art Festival](#) (Sat 10-6; Sun 10-5) Santa Cruz Ave, 90 Artists.

APRIL 22: "[Company of Authors](#)" at Stanford Humanities Center, 424 Santa Teresa from 1-5PM. For details see continuingstudies.stanford.edu

APRIL 24: [Jean and Bill Lane Lecture series](#) with Jennifer Eagan at 8PM at Cubberley Auditorium, School of Education, 485 Lasuen Mall. Stanford. See <http://creativewriting.stanford.edu>

APRIL 27: YCS "[Cultivating Courage and Resistance](#) " with Steve Young at the JCC from 11AM - 1PM. FEE: \$100 start. See <https://YCSluncheon2017.eventbrite>

APRIL 28: At the JCC: "[Multicultural Shabbat Dinner](#)" from 6-8:30 PM. FEE: \$10, Kids \$5, free 2yo and under. Whether you are Jewish, Muslim, Christian, any other religion, or do not identify with any religion, please join us for a multicultural, inter-generational Shabbat dinner. We will meet our neighbors, make friends and learn about different traditions. Participants will enjoy a vegetarian kosher dinner, music, lively conversation and children's activities.

APRIL 29: [Opportunity Center 10th Anniversary](#) from 11 AM - 2 PM 33 Encina Way. See <https://communityworkinggroup.org/>

MAY 2: At the JCC: "Community [Celebration for Israel's Independence Day](#) " from 3:30 - 7:00 PM. FREE. Experience a taste of Israel right here in Palo Alto and celebrate Israel's 69th Independence Day with music, dancing, food and fun for the entire family. Come to our Beach Carnival and enjoy Israeli music, food, family activities and a fair featuring innovative organizations. This year we'll have more activities for kids and teens, a huge range of food options, arts & crafts, an amazing fashion show and a talented lineup on our main stage.

MAY 3: At the JCC: "[An Evening with Author Yaa Gyasi](#)" from 7-9 PM. FEE: \$15, \$12 mem & J-Pass. Yaa Gyasi's debut novel "Homegoing" tells the story of two half-sisters separated by forces beyond their control: one sold into slavery, the other married to a British slaver. The book traces the generations of family who follow, as destiny leads them across two continents and 300 years of history, and the legacy of slavery is fully revealed in light of the present day.

May 6/7 and again May 13/14: [Rochelle Ford, metal sculptor, open studio and sale](#) from 10:00 AM - 5:00 PM - 1155 Waverley St.

JUNE 3: [City Wide garage sale](#) . Sign up now to get listed at <https://www.paloaltoonline.com/yardsale/>. Sale from 8AM to 2PM

SEPTEMBER 3: [Canary Challenge bike race](#) for early detection of cancer. Register at www.canarychallenge.org

OLD

APRIL 15: Homesteading 101: "Cultivate Edible Mushrooms in your own Garden" 2:00 - 4:00 PM. Register at <http://bit.ly/2jpzaAm>. Common Ground, 687 Arastradero Road. See www.commongroundgarden.org

APRIL 18: Chelsa Clinton at Kepler's at 7PM to sign her new book, "It's Your World: Get Informed, Get Inspired and Get Going." FEE: \$15 in advance includes entrance for family of 4 and book.

APRIL 18: At the JCC: Movie 'Screenagers', 6:30-9: PM. FEE: \$10, Free- kids under 18.

APRIL 18: Peninsula Interfaith Action invites you to "A Scientific Call to Action on Climate Change" at 7:30 PM at Our Lady of the Rosary Catholic Church, 3233 Cowper St. Free with refreshments at 7:15PM.

APRIL 20: Acterra "Party for the Planet" honoring Walt and Kay Hays at 6 PM at the JCC. Fee: \$150 AND UP on sale in March. www.ACTERRA.org/Party

APRIL 21/22: Avenidas: Baubles & Beads Benefit: Apr 21, 4:30-7:30, you'll enjoy cocktails and live music! Sat, Apr 22, from 10:30 to 4, you can indulge in pastries and other treats as you shop.

APRIL 22: Earth Day & Great Race for Saving Water, 9 AM -3 PM at the Baylands Athletic Center. The Earth Day Festival is FREE, with fee for 5K fun run and walk. https://www.flipcause.com/secure/cause_pdetails/MTYxNzE

APRIL 23: TEDX Stanford: <https://tedx.stanford.edu/>. Watch/attend

APRIL 23: At the JCC: "Spring Into Summer J-Camp Open House" from 11:00-3:00. FREE. Fun-filled day where they will get a glimpse into the exciting activities they can experience at J-Camp at the OFJCC!

APRIL 25: At the JCC; San Francisco Mandolin Orchestra Lunch and Concert 12:00–1:30 PM. FEE: \$20 or two punches of the Community Tuesdays Punch Card

APRIL 27: USGS Monthly lecture "Potential Corrosivity of Untreated Groundwater in the United States" at 7PM at USGS Hdq, Rambo Auditorium/Bldg. 3, 345 Middlefield Rd., Menlo Park

APRIL 28/29: Gamble Garden Spring Tour from 10 AM - 4PM. Tickets now on sale at www.gamblegarden.org. FEE: \$30 mem, \$35 public. Boxed lunches available for an additional \$15.

APRIL 29: "Maintaining Native Gardens" at 9:30 AM at Mitchell Park Community Center. FREE. Register at http://bawasca.org/classes_2.php?id_evnt=90

APRIL 29: "Growing Great Tomatoes" from 2-4 PM. Register online at <http://bit.ly/2nArqNW> at Common Ground, 687 Arastradero Road. FEE: Early \$25, at door \$35

MAY 6: Annual May Fete at Heritage Park. The fair will include children's activities, great food, and picnicking for families. The Museum of American Heritage will be hosting their Annual Vintage Vehicle and Family Festival.

MAY 6: Mitchell Park Run at 8 AM. Proceeds to Freedom House, an organization that helps victims of human trafficking in the Bay Area. FEE: \$35. After April 22 \$45. Register www.tinyurl.com/zd6qrqj

MAY 9: "Fear of a Faith: Sharia. Surveillance. Terrorism. the Muslim Ban. What's real, and what's not?" With Joe Simitian from 7:00 – 8:30 PM at the Rinconada Library. RSVP at www.commonwealthclub.org/sv or call 408-299-5050.

MAY 9-10: Seniors and the homebound free assistance with household tasks. Silicon Valley Association of Realtors' Realtor Service Volunteer Program. Apply by March 22 at 408-200-0100 or see www.silvar.org for an application.

MAY 13: Canopy Tree walk in Southgate Neighborhood. More information about the tree walk is available at canopy.org from 10-noon. Meet near Palo Alto High School Parking Lot at Churchill & Castilleja.

MAY 13: "Homesteading 101: Adding Edibles to Your Garden." 2:00 to 4:00 PM. Register online at: <http://bit.ly/2mBf0n7/> at Common Ground, 687 Arastradero Road. FEE: Early \$25, at door \$35

MAY 16: Tall Tree Awards: from 5:30 PM (reception) 7 -9 PM dinner & awards. Register Online at www.PaloAltoChamber.com

MAY 22: "Women and Islam." Moderator: Supervisor Joe Simitian from 7:00 – 8:30 PM at the Rinconada Library, Embarcadero Room. Please RSVP at www.commonwealthclub.org/sv or call 408-299-5050.

JUNE 3: Bay Choral Guild at All Saints Episcopal Church, 555 Waverley at 8 PM. See <http://baychoralguild.org/>

Palo Alto Speech and Debate Camp! Session 1: June 13-17; Session 2: July 31-Aug 4. The camp focuses on providing students with an introduction to speech and debate. See <http://pasdc.weebly.com/>. For questions: palyspeechanddebate@gmail.com.

JULY 10- AUG 4: Stanford Course on Biomedical Research for High School students from 9-12 daily. For more, go to www.explore.stanford.edu

CANOPY tree walks: Jun 10 - Rinconada Library and Art Center; Jul 8 - Junior Museum and Zoo.