

MIDTOWN NEWS – July 7, 2017

Editor: Annette Ashton for the Midtown Residents Association. See www.midtownresidents.org
LIST SERV at PaloAltoMidtown@yahoo.com. Great place to "chat"

1) MIDTOWN TIDBITS

Leadership Palo Alto is now accepting applications for their fall session. Leadership Palo Alto Fellows graduate ready to re-imagine and reshape our community with: 21st century leadership skills - for real world challenges - a comprehensive understanding of the inner workings of the Palo Alto community meaningful connections to your cohort of LPA Fellows and an extensive network of hundreds of LPA alumni, presenters and community leaders. IS LEADERSHIP PALO ALTO RIGHT FOR YOU? Leadership Palo Alto accelerates local leaders through a 10-full day immersion program over an academic year. Leadership Palo Alto Fellows gain an in-depth understanding of the full spectrum of Palo Alto life, including our local economic, social and government challenges, opportunities and trends while considering Palo Alto's global influence. See <http://paloaltochamber.com/>

2) CITY/COUNTY/SCHOOL EVENTS

Applications are being accepted for the **Storm Drain Oversight committee**. Due August 1 at 4:30 PM. See <http://www.cityofpaloalto.org/civicax/filebank/documents/58297>

RAIL CORRIDOR SURVEY: Over the next 18 months, a number of decisions will need to be made about the future of the Caltrain corridor, which will impact the livability of our city for many generations. For that reason, the City of Palo Alto is seeking community input on the design of existing rail crossings where cars, bikes, pedestrians, transit vehicles, and emergency responders cross the rail corridor. To provide feedback, complete a seven-item questionnaire: <https://www.surveymonkey.com/r/X7R8NTN>. Survey will take less than 15 minutes of your time. For more about Connecting Palo Alto, including materials from our first workshop, visit www.cityofpaloalto.org/ConnectingPaloAlto. For comments, concerns, or questions. email us at transportation@cityofpaloalto.org or call 329-2520.

The City of Palo Alto Utilities produces an **annual consumer confidence** report on water quality conditions for the previous calendar year. The report on water conditions for 2016 is now available online at www.cityofpaloalto.org/waterqualityreport. If you would like to receive a paper copy or have further questions, please email UtilitiesCommunications@cityofpaloalto.org or call (650) 329-2417. You can read more on Palo Alto's water supply and quality at www.cityofpaloalto.org/waterquality.

CITY COUNCIL: Next Council meeting scheduled for August 14, 2017

UPCOMING COMMISSION & BOARD MEETINGS - agenda not published online

JULY 12: **Planning & Transportation Commission** Meeting, at 6 PM in council chambers

JULY 12: Sp. **Utilities Advisory** Commission Meeting at 7PM

JULY 13: **Historic Resources** Board Meeting, Chambers, 8:30 AM

JULY 13: **Architectural Review** Board Meeting, Chambers, 11:30 AM

JULY 13: **Human Relations** Commission Meeting, CMR, 7:00 PM

JULY 20: **Architectural Review** Board Meeting, Chambers, 8:30 AM

JULY 20: **Public Art** Commission Meeting, CMR, 7:00 PM

JULY 25: **Parks & Recreation** Commission Meeting, Chambers, 7:00 PM

JULY 26: **Planning & Transportation** Commission Meeting, Chambers, 6:00 PM

JULY 27: **Historic Resources** Board Meeting, Chambers, 8:30 AM

AUGUST 2: **Utilities Advisory** Commission Meeting, Chambers, 7:00 PM

AUGUST 3: **Architectural Review** Board Meeting, Chambers, 8:30 AM

3) LOCAL EVENTS

Stanford Live's 2017-18 season kicks off this September. Unforgettable performances by artists from Darlene Love to the St. Louis Symphony; film screenings with live orchestra; talks by speakers Claudia Rankine and Chuck Klosterman; and so much more. Subscriptions on sale June 1. More info: www.live.stanford.edu

STANFORD JAZZ at the Bing Music Hall at 8PM.

- 7/16 Wayne Wallace Quintet
- 7/17 Dial "P" for Piano; Larry Vuckovich Quintet
- 7/19 Ruth Davies' Blues Night with Linda Tillery
- 7/23 Peter John Stoltzman and Friends
- 7/24 Natalie Cressman & Secret Garden / Sandy Cressman's Homage to Brazil
- 7/26 Allison Miller Quartet
- 7/27 An Evening with Victor Lin
- 7/29 Ambrose Akinmusire Quartet
- 7/30 Taylor Eigsti Quartet
- 7/31 George Cables Trio with Anat Cohen and Ravi Coltrane
- 8/1 Guitar Night with Camila Meza and Charles Altura
- 8/4 SJW All-Star Jam

See all **Avenidas Activities** at <http://www.avenidas.org/>. PRE Register at www.avenidas.org or by calling 289-5400. Selected events and news below. See full schedule at <http://tinyurl.com/mfhqpuv>.

AVENIDAS TO **MOVE IN AUGUST** due to the upcoming renovation of the downtown facility. They will move its programs for 18 months to Cubberley Community Center. The last day of downtown classes and programs will be Friday, Aug. 11. Sept. 5, Avenidas will begin its fall schedule at Cubberley.

- July 7: Wine appreciation. 3 to 4:30 PM. FEE; \$12/\$15. Bring your own glass
- July 8: Freedom from Fractures, bone health screening, from 10 AM - 2 PM. Must register
- July 10: July Movie Screening: All in this Tea. From 2-3:30 PM. FREE
- July 11: Long Term and Asset Protection Planning -- Involving the Kids, Protecting the Kids in the Age of Trump. FREE from 2:30 to 4 PM.
- July 11- Aug 8: Evening Yoga from 5 to 6PM. FEE: \$40/\$50
- July 18, POLE Walking for Balance, Exercise & Maintaining Mobility from 9 to 11:30 AM. FEE: \$28

Deborah's Palm Events: See all events at www.deborahspalm.org. Call: 473-0664.

- Thursday evenings: Women's Support Group at 6:30 PM. Contact Annette Glass at annetglassmft@gmail.com
- Uncover Your Calling: Module 2 (August 1 & 8)
- Life Lessons w/ Gail Grant. Lessons in Forgiveness: Fridays: June 2 & 16; July 7 & 21: Noon to 1:30 PM
- Knitting Group at 10 AM; Walking Group at 10 AM
- First & Third Fridays Monthly at Noon: Life Lessons, covering the topic of forgiveness.
- Aug 16: LinkedIn Workshop: 5:30-7 PM. Designed to give you the most vital tips so you can get your LinkedIn profile in top-notch shape FAST! \$25.
- Aug 26: True Needs Workshop from 10 AM -Noon. Learn to identify your top emotional and mental needs, understand how they are getting met, come up with a plan to implement change, bring stability, and gain empowerment in this current season. Contact Philippa: 533-5075 or email: philippa.perkin@gmail.com
- Sep 20-Nov 8: Shine On Circle: Wednesdays from 10 AM- noon. Designed for moms who are ready to take on something more in their lives. The circles are mostly moms who have spent a chunk of time as primary caretaker and are interested in doing something more. but may not be sure what. For more, contact Kirsten: kirsten@shineoncollaborative.com

- Sep 23: Gratitude, Happiness & Healing from 9 AM to Noon. Contact Philippa: 533-5075 or email: philippa.perkin@gmail.com

WEDNESDAYS at the JCC: **Stanford Cancer Supportive Care Program** from 1:15–2:10 PM. FREE. Bring pleasure, joy, play and health to the body through low impact movement. See Stanford Supportive Care Programs at <http://tinyurl.com/ybz8usr5>

Café Scientifique "**Personalized Medicine: Using Skin & Blood Cells to Cure Blindness**" by Leah Foltz - video of the presentation is now live! At <https://bloodcenter.stanford.edu/learn/cafe-scientifique/>

Talking with Henrietta: "**Change Your Thoughts, Improve Your Life**" - Many of us have heard how if we change our thoughts, we can change our life. The guest on this edition of Talking with Henrietta tells us one method that we can use to exercise more power over our own life. View this very thoughtful discussion over the Internet and on Comcast 30 on Sundays@5 pm, Tuesdays@8 pm, Wednesdays@6 p.m., Thursdays@8 pm and Fridays@3:00 am & 12 pm and Saturdays at 10 am. Get more information about this show at <http://www.epatoday.org/tv.html#changeyourthoughts>

JULY 8: Annual **Edible Garden Tour** from 10 AM to 3 PM. FEE. This year, gardens will be concentrated in Palo Alto and neighboring cities (Menlo Park, East Palo Alto, Mtn View, & Los Altos). Tickets at www.commonground.org

JULY 8: **PALY Flea Market** from 9 AM to 3 PM.

JULY 8: STOCK UP ON YOUR SUMMER READING AT **FOPAL'S HUGE USED BOOK AND MEDIA SALE** THIS COMING WEEKEND! Friends of the Palo Alto Library invites you to our next sale, Saturday and Sunday, July 8 & 9 at Cubberley Community Center, 4000 Middlefield Road. FOPAL is offering over 70,000 books, CD's, DVD's, games, puzzles, framed art, and collectibles, all sorted and very reasonably priced; many foreign language materials. Saturday hours: Main Sale Room 11 am-4 pm, Bargain Room 9:30-4 pm and Children's Room 10 am- 4 pm. Sunday hours: All rooms 11am – 4 pm. On Sunday in the Bargain Room all items are 50% off or \$5/bag. After the sale ends on Sunday, all books in the Bargain Room are FREE to teachers and nonprofit organizations. All net sale proceeds benefit Palo Alto public libraries. For more information and directions, please visit our website at: www.fopal.org.

JULY 12: **Town and Country Music**: 6-8PM by Trader Joe's. 7/12 - California Cowboys; 7/19 - Project 4 Band; 7/26 - Double Funk Crunch

JULY 13: **Music on the Plaza**. Lytton Plaza from 6-8 PM. FREE. 7/13 - Tinman; 7/20 - Groove Doctors; 7/27 - J C Smith Band; 8/3 - Pasto Seco; 8/10 - Long train Runnin'; 8/17 - Pride & Joy

JULY 13: At the Art Center: **Hand Building**. FEE \$205. Expand your ceramics knowledge in this hand building class exploring scale, function, form, and surface design. Use the ceramics medium as a vehicle for personal expression expanding conceptual development, techniques, and materials knowledge. Students will investigate hand-building strategies such as pinch, coil, and slab (soft and leather-hard). A variety of surface design & glazing techniques will be covered including: image transfer, inlay, water etching, sgraffito, and slip trailing. All levels of experience are welcome. Wheel throwers are welcome, however should be self-reliant. See <http://tinyurl.com/y8v335dw>

JULY 13-15: **FABMO**: Thu 12p-8p (Drop-in after 6:30); Fri 8:30a-6p (Drop-in after 4:30); Sat 9a-11. No appointments necessary. 970 Terra Bella Avenue, Suite 8, Mountain View.

JULY 13: **Stroke Survivors lunch**: The Aphasia Lunch Circle, a group open to stroke survivors and their caregivers, lunch on at noon at Little House Activity Center, 800 Middle Ave., Menlo Park. Sponsored by the Pacific Stroke Association at support@psastroke.org.

JULY 15: **Twilight Concert Series** 6:30-8 PM and FREE. 7/15 0 Anton Schwartz Rinconada Park; 7/29 Children's Concern at Mitchell Park

JULY 15: **Summer Festival** at Palo Alto First Christian Church (across from Safeway in Midtown) from 1- 4 PM. FREE - food, games, bounce house and more.

JULY 15/16: **Menlo Summerfest** from 10-6 on Santa Cruz Avenue

JULY 17 start: **Movie Nights** at 8 PM at Heritage Park. FREE. 7/17 -The Parent Trap; 7/22 - Jumanji; 8/5 - Willy Wonka and the Chocolate Factory

JULY 27: Monthly USGS presentation at 7 pm: **"Warm Ice - The Dynamics of Rapidly Changing Glaciers"** by Bruce F. Molnia, USGS Physical Scientist. topics: Glacier Numerology - The how big, how long, how thick, how much, how often, of glacier science; Glacier Photography - While a picture may be worth a thousand words, a collection of images may tell a complete forensic story; Glacier Geophysics - How new technologies are being introduced to reexamine and refine decades old glacier analyses. Rambo Auditorium/Bldg. 3, 345 Middlefield Rd., Menlo Park.

AUGUST 3: **"An Inconvenient Sequel: Truth to Power"** at 7 PM at the Palo Alto Square Theatre at the Crowne Plaza Hotel. Al Gore's powerful sequel to An Inconvenient Truth with discussion afterward. <http://tinyurl.com/ycnsdw4f>

AUGUST 5: **Share Faire** at Common Ground from 1-3 PM. This is an old-style Faire, with lots of goods shared - garden, books, tools, clothes, household items and more. 687 Arasterdero Road. FREE.

AUGUST 16 & 23: **"Climate Change: What You Can Do to Live a Low Carbon Life"** (hosted by Stanford Health Improvement Program) from 6:30 - 8:45 PM at the Stanford Medical Campus, Li Ka Shing Learning Ctr. FEE: \$100 for both classes. Learn how to green your transportation, save energy at home, reuse/recycle better, green your finances, shop mindfully, make dietary changes, fly green, impact policy, and more!

OLD

JULY 8: **Customer Appreciation Day!** Visit the **Downtown Palo Alto Farmers' Market** for a chance to win free produce and market goodies! Drawings held at 8:30, 9:30, 10:30 & 11:30. See www.pafarmersmarket.org.

JULY 8: **CANOPY tree walk** meet at Junior Museum and Zoo at 10AM. FREE.

JULY 8/ 9: **Clay & Glass Festival** from 10 AM -5 PM. FREE. Featuring more than 135 clay and glass artists, hands-on clay activities, clay and glass demonstrations, and gourmet food and coffee. To learn more about this special event and becoming an Activist member, contact rsvp@paacf.org. www.clayglassfestival.com

JULY 11: At the Art Center: **Learn to Work with Acrylics**

JULY 11: At the JCC: **An Evening with Jonathan Safran Foer** from 7:30 - 9:00 PM. FEE: \$22 Ticket & book, \$15 ticket only, \$12 Mem & J-Pass.

JULY 11: **Safe and Confident Bicycle Handling Skills** Lab from 5:30 - 7:15 PM at 1070 Arastradero Road, Upper Parking lot FEE \$35. [REGISTER HERE!](#)

JULY 10- AUG 4: Stanford Course on Biomedical Research for High School students from 9-12 daily. For more, go to www.explore.stanford.edu

SEPTEMBER 3: Canary Challenge bike race for early detection of cancer. Register at www.canarychallenge.org

OCTOBER 9: **Moonlight Run** at Baylands. For more and to register www.paloaltoonline.com/moonlight_run