

MIDTOWN NEWS – July 14, 2017

Editor: Annette Ashton for the Midtown Residents Association. See www.midtownresidents.org
LIST SERV at PaloAltoMidtown@yahoo.com. Great place to "chat"

1) MIDTOWN TIDBITS

Leadership Palo Alto is now accepting applications for their fall session. Leadership Palo Alto Fellows graduate ready to re-imagine and reshape our community with: 21st century leadership skills - for real world challenges - a comprehensive understanding of the inner workings of the Palo Alto community meaningful connections to your cohort of LPA Fellows and an extensive network of hundreds of LPA alumni, presenters and community leaders. IS LEADERSHIP PALO ALTO RIGHT FOR YOU? Leadership Palo Alto accelerates local leaders through a 10-full day immersion program over an academic year. Leadership Palo Alto Fellows gain an in-depth understanding of the full spectrum of Palo Alto life, including our local economic, social and government challenges, opportunities and trends while considering Palo Alto's global influence. See <http://paloaltochamber.com/>

Community Advocates Leadership Academy (CALA).is a 10-month program that trains and connects people working locally to make a difference on environmental and social challenges in our region. Now accepting applications for its 2017/8 class. Meet one Saturday a month for half day classes in rotating venues throughout San Mateo and Santa Clara counties. Classes explore influencing elected, leadership practices, goal setting, and more. Details at <http://www.greenfoothills.org/leadership-academy/>

EPREP TIP for those hot summer days. Before the next heat wave, follow these protective actions from the CDC and stay cool this summer: Find more information on extreme heat preparedness at www.ready.gov/heat.

- * Stay in an air-conditioned location as much as possible.
- * Drink plenty of fluids even if you do not feel thirsty.
- * Take several breaks from the heat, especially midday when the sun is hottest.
- * Wear loose, lightweight, light-colored clothing, and sunscreen. Reapply sunscreen every 3-4 hours.
- * Take cool showers or baths to cool down.
- * Check on friends or neighbors during extremely hot days and have someone do the same for you.
- * Never leave children or pets in cars.
- * Check the local news for health and safety updates.

Is your block prepared for the next big disaster? Make sure your block is plugged into the city emergency operations center during critical times...Become or recruit a **Block Preparedness Coordinator**. Next Class is Tuesday, August 8 at 6 PM at Mitchell Park. Register at epvolunteers@paneighborhoods.org. Read more at http://www.cityofpaloalto.org/services/public_safety/get_involved/npc_bpc.asp

2) CITY/COUNTY/SCHOOL EVENTS

Applications are being accepted for the **Storm Drain Oversight committee**. Due August 1 at 4:30 PM. See <http://www.cityofpaloalto.org/civicax/filebank/documents/58297>

KUDOS to the Public Art Department: Palo Alto Recognized at AFTACON with 3 awards in June, as the Americans for the Arts honored 49 outstanding, national public art projects created in 2016. The awards were given by the Public Art Network Year in Review program at the 2017 AFTA convention, the only national program that recognizes the most compelling public art each year.

CITY COUNCIL: Next Council meeting scheduled for August 14, 2017

UPCOMING COMMISSION & BOARD MEETINGS

JULY 20: **Architectural Review Board** Meeting, Chambers, 8:30 AM Key projects: 567 Maybell, 3045 Park, 356 Hawthorne, 640 Waverley. <http://www.cityofpaloalto.org/civicax/filebank/documents/58725>

JULY 20: **Public Art Commission** Meeting, 7:00 PM in the First Floor Mtg Room, City Hall. Topics: Sculpture maintenance, public art for Parking Garages, Public Safety building, and Avenidas + CodeART event.

JULY 25: **Parks & Recreation Commission** Meeting, Chambers, 7:00 PM. Agenda not posted.

JULY 26: **Planning & Transportation Commission** Meeting, Chambers, 6:00 PM. Topics: Study session on traffic study findings re Stanford GUP, Comp Plan (Land Use & Transportation), 4157 El Camino Way, Extension of 1 year cap of 50K sf of development.

JULY 27: **Historic Resources Board** Meeting, Chambers, 8:30 AM. Agenda not posted.

AUGUST 2: Utilities Advisory Commission Meeting, Chambers, 7:00 PM. Agenda not posted.

AUGUST 3: Architectural Review Board Meeting, Chambers, 8:30 AM. Agenda not posted.

3) LOCAL EVENTS

Stanford Live's 2017-18 season kicks off this September. Unforgettable performances by artists from Darlene Love to the St. Louis Symphony; film screenings with live orchestra; talks by speakers Claudia Rankine and Chuck Klosterman; and so much more. Subscriptions on sale June 1. More info: www.live.stanford.edu

STANFORD JAZZ at the Bing Music Hall at 8PM.

- 7/16 Wayne Wallace Quintet
- 7/17 Dial "P" for Piano; Larry Vuckovich Quintet
- 7/19 Ruth Davies' Blues Night with Linda Tillery
- 7/23 Peter John Stoltzman and Friends
- 7/24 Natalie Cressman & Secret Garden / Sandy Cressman's Homage to Brazil
- 7/26 Allison Miller Quartet
- 7/27 An Evening with Victor Lin
- 7/29 Ambrose Akinmusire Quartet
- 7/30 Taylor Eigsti Quartet
- 7/31 George Cables Trio with Anat Cohen and Ravi Coltrane
- 8/1 Guitar Night with Camila Meza and Charles Altura
- 8/4 SJW All-Star Jam

See all **Avenidas Activities** at <http://www.avenidas.org/>. PRE Register at www.avenidas.org or by calling 289-5400. Selected events and news below. See full schedule at <http://tinyurl.com/mfhqpuv>.

AVENIDAS TO **MOVE IN AUGUST** due to the upcoming renovation of the downtown facility. They will move its programs for 18 months to Cubberley Community Center. The last day of downtown classes and programs will be Friday, Aug. 11. Sept. 5, Avenidas will begin its fall schedule at Cubberley.

- July 18, POLE Walking for Balance, Exercise & Maintaining Mobility from 9 to 11:30 AM. FEE: \$28
- July 27: Free Skin Cancer Screening from 10- 11 AM
- Aug 2: Vital Role of the Parkinson's Caregiver from 2:30 - 4 PM. FREE. Please register.

Deborah's Palm Events: See all events at www.deborahspalm.org. Call: 473-0664.

- Thursday evenings: Women's Support Group at 6:30 PM. Contact Annette Glass at annetteglassmfti@gmail.com
- Knitting Group at 10 AM; Walking Group at 10 AM
- First & Third Fridays Monthly at Noon: Life Lessons, covering the topic of forgiveness.
- Aug 16: LinkedIn Workshop: 5:30-7 PM. Designed to give you the most vital tips so you can get your LinkedIn profile in top-notch shape FAST! \$25.
- Aug 26: True Needs Workshop from 10 AM -Noon. Learn to identify your top emotional and mental needs, understand how they are getting met, come up with a plan to implement change, bring stability, and gain empowerment in this current season. Contact Philippa: 533-5075 or email: philippa.perkin@gmail.com

- Sep 20-Nov 8: Shine On Circle: Wednesdays from 10 AM- noon. Designed for moms who are ready to take on something more in their lives. The circles are mostly moms who have spent a chunk of time as primary caretaker and are interested in doing something more. but may not be sure what. For more, contact Kirsten: kirsten@shineoncollaborative.com
- Sep 23: Gratitude, Happiness & Healing from 9 AM to Noon. Contact Philippa: 533-5075 or email: philippa.perkin@gmail.com

WEDNESDAYS at the JCC: **Stanford Cancer Supportive Care Program** from 1:15–2:10 PM. FREE. Bring pleasure, joy, play and health to the body through low impact movement. See Stanford Supportive Care Programs at <http://tinyurl.com/ybz8usr5>

Through August 20 at MOAH (Museum of American Heritage) at 351 Homer. Exhibit "**Open for Business: Office Success Before Computers**" 11 Am - 4 PM Fridays - Sundays

JULY15: **Twilight Concert Series** 6:30-8 PM and FREE. 7/15 Anton Schwartz Rinconada Park; 7/29 Children's Concern at Mitchell Park

JULY 15: **Summer Festival** at Palo Alto First Christian Church (across from Safeway in Midtown) from 1- 4 PM. FREE - food, games, bounce house and more.

JULY 15: At Mitchell Park Library: **Colorful Afternoons**: Designed for adults to enjoy the art of coloring, socialize with each other and just unwind. The Library will provide coloring sheets and pencils, but attendees are welcome to bring their own sheets and tools. From 1- 4 PM

JULY 15/16: **Menlo Summerfest** from 10-6 on Santa Cruz Avenue

JULY 15 - August 5: **Music@Menlo**. See <http://musicatmenlo.org/>. Upcoming festival features chamber music and master classes.

JULY 16: At the Art Center: **Learn to Paint from Photos**. FEE: \$103 for residents. Details and Reg info at <http://tinyurl.com/y769lk8o>

JULY 17 start: **Movie Nights** at 8 PM at Heritage Park. FREE. 7/17 -The Parent Trap; 7/22 - Jumanji; 8/5 - Willy Wonka and the Chocolate Factory

JULY 18: At the JCC **House of Spies** with author Daniel Silva at 8 PM. FEE: \$15-40

JULY 19: **Town and Country Music**: 6-8PM by Trader Joe's. 7/19 - Project 4 Band; 7/26 - Double Funk Crunch

JULY 20: Music on the Plaza. Lytton Plaza from 6-8 PM. FREE. 7/20 - **Groove Doctors**; 7/27 - J C Smith Band; 8/3 - Pasto Seco; 8/10 - Long train Runnin" 8/17 - Pride & Joy

JULY 20: Cafe Scientifique: **Gravitational Waves from Astronomical Objects**: Theory to Observation with Brett Shapiro. From 5-7 PM at HanaHaus, 456 University Ave. FREE. Details & registration at <http://tinyurl.com/y9ay87az>

JULY 21: **Nancy Cassidy plays** at the Magical Bridge Playground, Mitchell Park at 6:30 PM. Additional Shows: Aug 25 at Magical Bridge Playground at 6:30 PM; Arts and Wine Festival at 11:30 AM

JULY 20: Stanford Human Rights Film Festival: "**Robert Capa: in Love and War.**" FREE at 7PM at the William R Hewlitt Teaching Center Room 201. See www.continuingstudies.stanford.edu

JULY 25: Stanford Human Rights Lecture Series: **Interment of Migrants in Hot Spaces & Refugee camps. A Comparative Case Study of Human Rights Violations** , at 7PM at SAP Center for Teaching & Learning, Rm 111. FEE. See www.continuingstudies.stanford.edu

JULY 26: **Brick & Mortality: Future of Retail** from 5-7 PM. At 8 AM sponsored by Palo Alto Downtown Association. Networking & refreshments at 7:30 AM at former North Face 2141 Alma.

AUGUST 26: **Palo Alto Festival of the Arts**

SEPTEMBER 2-4: **King's Mountain Faire** from 10 AM - 5 PM

SEPTEMBER 9: At Gamble Garden: **5th Annual Tomato Extravaganza**

SEPTEMBER 9-10: **Mt View Art & Wine Festival**

OLD

JULY 13-15: FABMO: Thu 12p-8p (Drop-in after 6:30); Fri 8:30a-6p (Drop-in after 4:30); Sat 9a-11. No appointments necessary. 970 Terra Bella Avenue, Suite 8, Mountain View.

JULY 27: Monthly USGS presentation at 7 pm: "Warm Ice - The Dynamics of Rapidly Changing Glaciers." Bruce F. Molnia, USGS Physical Scientist. At 7 PM, Rambo Auditorium/Bldg. 3, 345 Middlefield Rd., Menlo Park.

AUGUST 3: "An Inconvenient Sequel: Truth to Power" at 7 PM at the Palo Alto Square Theatre at the Crowne Plaza Hotel. Al Gore's powerful sequel to An Inconvenient Truth with discussion afterward.
<http://tinyurl.com/ycnsdw4f>

AUGUST 5: Share Faire at Common Ground from 1-3 PM. This is an old-style Faire, with lots of goods shared - garden, books, tools, clothes, household items and more. 687 Arasterdero Road. FREE.

AUGUST 16 & 23: "Climate Change: What You Can Do to Live a Low Carbon Life." 6:30 - 8:45 PM at the Stanford Medical Campus, Li Ka Shing Learning Ctr. FEE: \$100 for both classes.

SEPTEMBER 3: Canary Challenge bike race for early detection of cancer. Register at www.canarychallenge.org

OCTOBER 9: Moonlight Run at Baylands. For more and to register www.paloaltoonline.com/moonlight_run