

MIDTOWN NEWS – August 18, 2017

Editor: Annette Ashton for the Midtown Residents Association. See www.midtownresidents.org
LIST SERV at PaloAltoMidtown@yahoo.com. Great place to "chat"

1) MIDTOWN TIDBITS

ECLIPSE TIPS at end of enews.

SAVE THE DATE: **Annual Midtown Ice Cream Social** on October 1 at Hoover Park from 1- 4PM. Volunteer to help? email Midtownnews@Att.net

ZERO WASTE TIP: Place Styrofoam in your black garbage can. Expanded polystyrene (EPS), a.k.a. "Styrofoam®" is a form of plastic #6. Although most other plastics can be recycled, currently there are no viable markets for EPS recycling. If it is too large to fit into your black cart, break it into smaller pieces. Make sure to bag it so it doesn't become a litter problem. Avoid purchasing EPS products! Reusable coolers, cups, plates and to-go boxes are very eco-friendly options. Choose compostable paper or plastic products if reusable ones are not available. For more about What Goes Where, visit www.cityofpaloalto.org/wgwtools, email zerowaste@cityofpaloalto.org or 496-5910.

2) CITY/COUNTY/SCHOOL EVENTS

Call for **Athena Awards:** The Athena award is for a woman who has attained and personified the highest level of professional excellence in business and the community. The Athena Emerging Professional Leadership Award is for a woman who demonstrates excellence, creativity and initiative in her business or profession. Applications at www.paloaltochamber.com or call 324-3121. Due September 5.

Board/Commission openings: Architectural Review Board, Historic Resources Board, Planning & Transportation Commission. Deadline to apply September 19 at 4:30PM. Applications at <http://bit.ly/bcapplications> or call the city clerk office at 329-2571.

CITY COUNCIL:

August 21: Start 7 PM ish after closed session. Topics: 3877 El Camino (will be continued), Pets in Need, and Fiber to the Node. <http://www.cityofpaloalto.org/civicax/filebank/documents/59056>

August 24: Start 6PM in first floor meeting room city hall. Topic: Interview candidates for the Storm Water Management Oversight Committee. <http://www.cityofpaloalto.org/civicax/filebank/documents/59068>

August 28: 5 PM Study session Historic Resources Board, 6PM - 4 story building at 3709 El Camino. Public Hearings: Fire Station 3 Replacement, 3877 El Camino. <http://www.cityofpaloalto.org/civicax/filebank/documents/59163>

UPCOMING COMMISSION & BOARD MEETINGS

AUGUST 22: **Policy & Services** in first floor meeting room city hall. Topics: Audit of Cable Franchise & Public, Education & Gov't Fees; Water Meter Billing Audit <http://www.cityofpaloalto.org/civicax/filebank/documents/59061>

AUGUST 22: **Parks & Recreation** Commission at 7 PM, council chambers. Topics: Baylands Boardwalk, Buckeye Creek Hydrology; Rinconada Park & Junior Museum & Zoo. <http://www.cityofpaloalto.org/civicax/filebank/documents/59204>

AUGUST 22: **PAUSD** at 6:30 PM in district office, 25 Churchill. Topics: Policies related to discrimination & sexual harassment, proposed legal services contracts for the 2017-18 school year, solar panels & renovation of JLS Middle School's swimming pool.

AUGUST 24: **Historic Resources** Board at 8:30 AM in council chambers. Study sessions on 5-story parking garage at 375 Hamilton, reclassification of a Birge Clark-designed building from Category 3 to Category 2 on the city's Historic Inventory at 526 Waverley St.; and the former International Telephone and Telegraph property at 2601 East Bayshore Road. <http://www.cityofpaloalto.org/civicax/filebank/documents/58996>

AUGUST 25: **Library Advisory** Commission at 7 PM in council chambers. Topics Action on Draft Minutes of the Special Meeting on June 29 and the assignment of Council Buddies; and reports from "Languages & International Collection" (subcommittee) and ALA Conference. <http://www.cityofpaloalto.org/civicax/filebank/documents/59198>

Palo Alto Utilities strategic planning process is key to ensuring a clear path to navigate emerging market trends and internal challenges while aligning with the needs of our community. As such, we want to invite you once again to join us for the second stakeholder session and a newly scheduled community-wide strategic planning workshop. RSVP and/or any questions UtilitiesStrategicPlan@cityofpaloalto.org.

- Wednesday, September 6, 2017 from 8:00- 9:30 AM in first floor meeting room City Hall.
- Wednesday, October 4, 2017 from 6:00 - 9:00 PM. Community Workshop (broad public outreach & engagement) – at the Palo Alto Art Center, 1313 Newell Road.

3) LOCAL EVENTS

California Native Wildlife **Logo Contest**: Sponsored by Santa Clara Valley Audubon Society. For grades preschool -12th. For young artists, (ages 5-18 years old) to participate in our yearly art contest to develop a logo for Wildlife & Harvest Day. <http://tinyurl.com/y9jfk3a>. Deadline for submissions: 4 PM on Tuesday, September 5th.

Stanford Live's 2017-18 season kicks off this September. Unforgettable performances by artists from Darlene Love to the St. Louis Symphony; film screenings with live orchestra; talks by speakers Claudia Rankine and Chuck Klosterman; and so much more. Subscriptions on sale at www.live.stanford.edu

See all **Avenidas** Activities at <http://www.avenidas.org/>. Note that Avenidas will be closed on August 24/25, as staff will pack up the 450 Bryant Street facility and move to Cubberley. On Sept. 5, Avenidas will begin its fall schedule at Cubberley.

La Comida, the hot- lunch program for seniors, is moving its five day-a-week service to Stevenson House, the senior housing complex at 455 E. Charleston Road. This begins Sept. 1 and will continue for 1 year.

Deborah's Palm Events: See all events at www.deborahspalm.org. Call: 473-0664.

- Aug 23: "Phone Screen Interview Prep Workshop", 5:30-7 PM. Come and find out how you can best prepare yourself for this interview process and highlight your strengths!
- Aug 26: True Needs Workshop from 10 AM -Noon. Learn to identify your top emotional and mental needs, understand how they are getting met, come up with a plan to implement change, bring stability, and gain empowerment in this current season. Contact Philippa: 533-5075 or email: philippa.perkin@gmail.com
- Sep 20-Nov 8: Shine On Circle: Wednesdays from 10 AM- noon. Designed for moms who are ready to take on something more. Circles are mostly moms who have spent a chunk of time as primary caretaker and are interested in doing something more. but may not be sure what. For more, contact Kirsten: kirsten@shineoncollaborative.com
- Sept 23:Gratitude, Happiness & Healing from 9 AM to Noon. Contact Philippa: 533-5075 or email: philippa.perkin@gmail.com

Talking with Henrietta: "**Electric Vehicles: the Pros and Cons**"- Why are electric vehicles rapidly gaining in popularity around the world?" Three electric vehicle owners answer this question/ Catch this informative show over the Internet and on Comcast 30 on Sundays@5 PM, Mondays@2 PM, Tuesdays@8 PM, Wednesdays@2 AM, 11 AM. and 6 PM, Thursdays@8 PM and Fridays@3:00 AM & 12 PM and Saturdays at 10 AM. Get more information about this show at <http://www.epatoday.org/tv.html#electricvehicles>

AUGUST 19: **Tour de Menlo**: 35, 46, 65 mile bike ride. Sponsored by Rotary Menlo Park to support local kids. See www.tourdemenlo.com. Ride Day Registration 7-10 AM @ Menlo-Atherton High School, 555 Middlefield Road, Atherton.

AUGUST 25: Fourth Friday/Films of Vision and Hope, "**Changing Season: On the Masumoto Family Farm**". Film & discussion 7:30 - 9:30 PM, Fireside Room, Unitarian Universalist Church, 505 E. Charleston. FREE, donations appreciated

AUGUST 26: **Tai Chi Classes**: First Class Free. Aug 26: **Experience first 3 moves** of Tai Chi with Open House-Demo/Tea/Snacks from 10 AM - noon Mitchell Park. **Classes for beginners** Sept 7 start: Thursdays, 7:30 – 9:00 PM at Unity Palo Alto Community Church, 3391 Middlefield Road(Class meets in the Y.E.S. Hall). Sept 9 start: Saturdays, 9:00 – 10:30 AM, St. Mark's Episcopal Church, 600 Colorado Avenue. Class meets in the Parish Hall. Sept 11 start: Mondays, 10:00 – 11:30 AM at Unity Palo Alto Community Church, 3391 Middlefield Road, (Class meets in the Y.E.S. Hall).

AUGUST 30: At the JCC: **Ballerina: A One-Woman Play** from 8-10 PM. FEE: \$25, \$20 Mem & J-pass, \$15 Students. Using dance, music, film and spoken word, Stephanie Herman presents "Ballerina: A One-Woman Play" about the birth of a career, with stories of dedication, injury and triumph. Stephanie was a Prima Ballerina for George Balanchine and has danced with Mikhail Baryshnikov, Rudolph Nureyev, Martha Graham and Alvin Ailey. After suffering injuries, she devised exercises to help her heal; they are the basis for her "CoreTique and Pilates Ballet by Stephanie Herman," which she still teaches today. Post-play reception and Q & A.

SEPTEMBER 12: **Zero Net Energy training** at Mitchell Park Library from 1:00 PM-5:00 PM. To register, go to <http://tinyurl.com/y7uasmlp>. The training will explore how to re-vamp design thinking to confidently and affordably deliver comfortable, super-low-energy homes, which may then be powered by renewable energy.

SEPTEMBER 15: **Walk for Alzheimer's**, coordinated by the Webster House, from 10 - noon at 437 Webster St. September is World Alzheimer's month. For more see www.alz.eo.uk/world-alzheimers-month

SEPTEMBER 23: At Gamble Garden: **A Fall Container Garden** from 9:30-11:30AM. FEE: \$80 members (Use code IRIS), \$95 non-members.

SEPTEMBER 23: **Sunshares Workshop** from 10:00 AM – noon, Mitchell Park Community Center, El Palo Alto Room. See latest updates on SunShares in Palo Alto, www.cityofpaloalto.org/sunshares. More about solar in Palo Alto at www.cityofpaloalto.org/solar.

SEPTEMBER 26-OCTOBER 1: 22nd Annual **Great Glass Pumpkin Patch**®. Exhibition dates: Sept. 26-27, 10 AM.-7 PM, and Sept. 28-29, 10 AM-5 PM. Pumpkin sale dates are Sept. 30-Oct. 1, 10 AM-5 PM.

OCTOBER 1: **Gamble Garden Community day** from 10 AM - 2:30PM. Children's activities, plant sale, horticultural resources, displays, garden demos, food, and entertainment. <https://www.gamblegarden.org/event/community-day-2017/>

OCTOBER 8: **Fall Share Faire and Halloween Costume Swap** from 1-3 PM at Cubberley.

OCTOBER 14: Common Ground Class: **Fall Fruit Tree Pruning for Beauty and Bounty** from 2 - 4 PM, 687 Arasterdero Road. FEE: \$0-30. <http://tinyurl.com/y9ywqtqk>

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AUGUST 16 & 23: "Climate Change: What You Can Do to Live a Low Carbon Life." 6:30 - 8:45 PM at the Stanford Medical Campus, Li Ka Shing Learning Ctr. FEE: \$100 for both classes.

AUGUST 25: Nancy Cassidy plays at the Magical Bridge Playground, Mitchell Park at 6:30 PM. Plus: Show at the Arts and Wine Festival at 11:30 AM.

AUGUST 26: John Jeavons: "Food for the Future, Now." Slow Food Speaker Series. Presentation and Book Signing at Los Altos Library from 6:30-8:30.

AUGUST 26 & 27: Palo Alto Festival of the Arts: 300 artists with decor and art in 2 and 3 dimensions, including sculptures, wearable art and much more. Chalk paintings at the Italian Street Painting Expo with 60 artists.

AUGUST 30: Café Sci Presents: "Translating 'Design Thinking' into Health Technologies: IDEO Case Studies." 6 - 7 P at the Stanford Blood Center, 3373 Hillview Avenue, Breezeway. FREE Complimentary Beverages/Cookies.

AUGUST 31: USGS monthly lecture at 7PM, Rambo Auditorium/Bldg. 3, 345 Middlefield Rd., Menlo Park. Preview at noon. "Roving on Mars: Curiosity's exploration of Gale Crater" by Lauren Edgar, USGS Research Geologist.

SEPTEMBER 2-4: King's Mountain Faire from 10 AM - 5 PM.

SEPTEMBER 3: Canary Challenge bike race for early detection of cancer. Register at www.canarychallenge.org

SEPTEMBER 8: St Michael's Trio: Menlo-Atherton Center for the Performing Arts, 555 Middlefield Road, Atherton. FEE: \$10. Upcoming concert: October 6, Delineating Dvorak, Stanford Dinkelspiel Auditorium. FEE: \$10.

SEPTEMBER 9: Common Ground Class: "Learn to Grow & Use Medicinal Herbs" from 2 - 4 PM at 687 Arasterdero Road. FEE: \$0-30. See <http://tinyurl.com/ycm2s2tx>. "Let food be thy medicine" - Hippocrates

SEPTEMBER 9: At Gamble Garden: 5th "Annual Tomato Extravaganza" from 9:30 - 11:30 AM

SEPTEMBER 9-10: Mt View Art & Wine Festival

SEPTEMBER 23: Common Ground Class at 687 Arasterdero "Planting for Honey Bees" from 2 - 4 PM. FEE: \$0-30. See <http://tinyurl.com/y8osdpys>

OCTOBER 5: 50th anniversary of Stevenson House. Party and grand opening of the renovated Stephenson House (455 E Charleston) with tours from 4- 7 PM.

OCTOBER 6: **Moonlight Run** at Baylands. For more and to register www.paloaltoonline.com/moonlight_run

OCTOBER 14: Common Ground Class: "Fall Fruit Tree Pruning for Beauty and Bounty", 2 - 4 PM at 687 Arasterdero Road. FEE \$25 (Early bird) - \$30. Learn basic techniques of pruning and what tools to use.

4) ECLIPSE TIPS

Eclipse only a few days away: Resources you might enjoy.

1. 8-page booklet about eclipses and the 2017 eclipse, in everyday language, free to download with charts of when and how the eclipse is visible in major cities. <http://www.nsta.org/solarscience>
2. American Astronomical Society has an excellent page of sources (such as chain stores) where eclipse glasses are still available at: <https://eclipse.aas.org/resources/solar-filters>. (Amazon scared a lot of their customers who bought eclipse glasses on line by hinting that any glasses bought through them may be suspect; this website has better information.)
3. 2.1 million safe eclipse-viewing glasses are being made available free of charge through public libraries nationwide, thanks to the support of the Gordon and Betty Moore Foundation and Google. A map of the 7,000 libraries that have glasses available is at: <http://spacescience.org/software/libraries/map.php>. So you might suggest that people who need glasses first call their local public library.
4. An evaluation and listing of the phone and tablet apps about the eclipse, by astronomer Rick Fienberg, is available at: <http://www.skyandtelescope.com/2017-total-solar-eclipse/solar-eclipse-apps/>. Any of these can tell you just what the eclipse will look like in your location. Many are free.

5. A children's book, *When the Sun Goes Dark*, published by the nonprofit NSTA Press, is hard to get in print format (they are rushing out a fourth printing). But it can be downloaded in e-book format to any device and you can share the story of all kinds of eclipses, how to understand them, and how to view them safely, with your kids or grandkids instantly. Go to: <http://www.nsta.org/eclipse>
6. The U.S. Weather Service has a special eclipse section now for weather in the path of totality: <https://www.weather.gov/source/crh/eclipse.html>
7. A podcast of a discussion about the upcoming eclipse with veteran newscaster Gil Gross is free at: <http://fraknoisuniverse.libsyn.com/website/the-all-american-solar-eclipse>. This will be the first of a series of astronomy podcasts.

Remember that on August 21, you need clear skies to see the eclipse, so make plans to go where there is no fog. In the Bay Area the eclipse is partial, starting at 9:01 am, becoming maximum (with 76% of the Sun's area covered) at 10:15 am, and finished at 11:37 am.