

MIDTOWN NEWS – August 25, 2017

Editor: Annette Ashton for the Midtown Residents Association. See www.midtownresidents.org
LIST SERV at PaloAltoMidtown@yahoo.com. Great place to "chat"

PLEASE NOTE: ENEWS will not be published for the week of September 4th and 11th.

1) MIDTOWN TIDBITS

SAVE THE DATE: **Annual Midtown Ice Cream Social** on October 1 at Hoover Park from 1- 4PM. Volunteer to help? email Midtownnews@Att.net or sign up at <http://tinyurl.com/y89zxstj>. Tasks include supervising children's activities & cultural diversity table. setting up/breaking down area, managing food,

2) CITY/COUNTY/SCHOOL EVENTS

Last Call for **Athena Awards**: The Athena award is for a woman who has attained and personified the highest level of professional excellence in business and the community. The Athena Emerging Professional Leadership Award is for a woman who demonstrates excellence, creativity and initiative in her business or profession. Applications at www.paloaltochamber.com or call 324-3121. **Due August 28th.**

Board/Commission openings: Architectural Review Board, Historic Resources Board, Planning & Transportation Commission. Deadline to apply September 19 at 4:30PM. Applications at <http://bit.ly/bcapplications> or call the city clerk office at 329-2571.

CITY COUNCIL:

August 28: 5 PM Study session Historic Resources Board, 6PM - 4 story building at 3709 El Camino. Public Hearings: Fire Station 3 Replacement, 3877 El Camino.
<http://www.cityofpaloalto.org/civicax/filebank/documents/59163>

Sept 5: 6 PM Start after closed session. Topics: Extension of annual limit of 50K SF of office and Community Engagement Plan - rail corridor. <http://www.cityofpaloalto.org/civicax/filebank/documents/59265>

UPCOMING COMMISSION & BOARD MEETINGS

AUGUST 25: **Library Advisory** Commission at 7 PM in council chambers. Topics Action on Draft Minutes of the Special Meeting on June 29 and the assignment of Council Buddies; and reports from "Languages & International Collection" (subcommittee) and ALA Conference.
<http://www.cityofpaloalto.org/civicax/filebank/documents/59198>

AUGUST 30: **Planning & Transportation** Commission at 6 PM in council chambers: Study session on traffic related to Stanford University's General Use Permit application. Other topics: consider prohibiting marijuana dispensaries and review of the Comp Plan Transportation and Land Use elements.
<http://www.cityofpaloalto.org/civicax/filebank/documents/59259>

AUGUST 31: **PAUSD Review Committee** at 8 AM at district HDQ, 25 Churchill. Topics: policies on: nondiscrimination, harassment, sexual harassment, Uniform Complaint Procedure, bullying, class size, access to district records and involuntary student transfers.

SEPTEMBER 5: **Finance** Committee Cancelled

SEPTEMBER 6: Sp. **Rail Committee** Meeting. Agenda and Packet coming

SEPTEMBER 14: **Human Relations Commission**: Start 7 PM in first floor meeting room city hall. Topic: Draft performance report for the Community Development Block Grant (CDBG).

Connecting Palo Alto: The Palo Alto Rail Program – what we’re now calling Connecting Palo Alto – is a community based process designed to inform decisions affecting both aesthetics and mobility choices for the future. It will address longstanding challenges associated with the four grade crossings on the Caltrain rail corridor that runs through Palo Alto & will evaluate potential grade separations at Charleston Rd, Meadow Dr, Churchill Ave, and Palo Alto Ave (Alma St). Workshop II: September 16 from 10 AM - 2 PM at the Art Center Auditorium. For more, see www.cityofpaloalto.org/connectingpaloalto or email transportation@cityofpaloalto.org or 329-2520.

Palo Alto Utilities strategic planning process is key to ensuring a clear path to navigate emerging market trends and internal challenges while aligning with the needs of our community. As such, we want to invite you once again to join us for the second stakeholder session and a newly scheduled community-wide strategic planning workshop. RSVP and/or any questions UtilitiesStrategicPlan@cityofpaloalto.org.

- Wednesday, September 6, 2017 from 8:00- 9:30 AM in first floor meeting room City Hall.
- Wednesday, October 4, 2017 from 6:00 - 9:00 PM. Community Workshop (broad public outreach & engagement) – at the Palo Alto Art Center, 1313 Newell Road.

3) LOCAL EVENTS

California Native Wildlife **Logo Contest:** Sponsored by Santa Clara Valley Audubon Society. For grades preschool -12th. For young artists, (ages 5-18 years old) to participate in our yearly art contest to develop a logo for Wildlife & Harvest Day. <http://tinyurl.com/y9jfk3a>. Deadline for submissions: 4 PM on Tuesday, September 5th.

Stanford Live’s 2017-18 season kicks off this September. Unforgettable performances by artists from Darlene Love to the St. Louis Symphony; film screenings with live orchestra; talks by speakers Claudia Rankine and Chuck Klosterman; and so much more. Subscriptions on sale at www.live.stanford.edu

Stanford Continuing Studies classes begin the week of Sept 25. Enroll now. www.continuingstudies.stanford.edu

See all **Avenidas** Activities at <http://www.avenidas.org/>. Note that Avenidas will be closed on August 24/25, as staff will pack up the 450 Bryant Street facility and move to Cubberley. On Sept. 5, Avenidas will begin its fall schedule at Cubberley.

Services that can be accessed by telephone (transportation, social work, handyman and Avenidas Village requests) will be available the week of August 28-31st, but no classes or activities will be taking place that week and the building will be closed. We will reopen in our new location at Cubberley for the start of the Fall session on Tuesday, September 5, the day after Labor Day, at 9 AM. Most of our current activities will move with us. You’ll find our programs on the 2nd floor of Building I at Cubberley. Parking is ample--especially during our daytime hours of operation--and there will also be a limited number of parking spaces reserved for Avenidas members. We expect to be there for approximately 18 months until the Bryant Street Expansion Project is completed.

La Comida, the hot- lunch program for seniors, is moving its five day-a-week service to Stevenson House, the senior housing complex at 455 E. Charleston Road. This begins Sept. 1 and will continue for 1 year.

Deborah's Palm Events: See all events at www.deborahspalm.org. Call: 473-0664.

- Aug 26: True Needs Workshop from 10 AM -Noon. Learn to identify your top emotional and mental needs, understand how they are getting met, come up with a plan to implement change, bring stability, and gain empowerment in this current season. Contact Philippa: 533-5075 or email: philippa.perkin@gmail.com
- Sep 20-Nov 8: Shine On Circle: Wednesdays from 10 AM- noon. Designed for moms who are ready to take on something more. Circles are mostly moms who have spent a chunk of time as primary caretaker and are interested in doing something more. but may not be sure what. For more, contact Kirsten: kirsten@shineoncollaborative.com

- Sept 23: Gratitude, Happiness & Healing from 9 AM to Noon. Contact Philippa: 533-5075 or email: philippa.perkin@gmail.com

Talking with Henrietta: "**Electric Vehicles: the Pros and Cons**"- Why are electric vehicles rapidly gaining in popularity around the world?" Three electric vehicle owners answer this question/ Catch this informative show over the Internet and on Comcast 30 on Sundays@5 PM, Mondays@2 PM, Tuesdays@8 PM, Wednesdays@2 AM, 11 AM. and 6 PM, Thursdays@8 PM and Fridays@3:00 AM & 12 PM and Saturdays at 10 AM. Get more information about this show at <http://www.epatoday.org/tv.html#electricvehicles>

PALO ALTO ART CENTER: **Children's Fine Art and the Adult Studios** program is now available! New evening ceramics class for teens, several family workshops (register early!), as well as illustration in ink and watercolor and printmaking classes for kids and adults. <http://tinyurl.com/yacnby4z>

AUGUST 26: **Tai Chi Classes**: First Class Free. Aug 26: Experience first 3 moves of Tai Chi with Open House-Demo/Tea/Snacks from 10 AM - noon Mitchell Park. Classes for beginners Sept 7 start: Thursdays, 7:30 – 9:00 PM at Unity Palo Alto Community Church, 3391 Middlefield Road(Class meets in the Y.E.S. Hall). Sept 9 start: Saturdays, 9:00 – 10:30 AM, St. Mark's Episcopal Church, 600 Colorado Avenue. Class meets in the Parish Hall. Sept 11 start: Mondays, 10:00 – 11:30 AM at Unity Palo Alto Community Church, 3391 Middlefield Road, (Class meets in the Y.E.S. Hall). The Taoist Tai Chi Society of the USA is a charitable non-profit organization with 500 locations worldwide. Instructors are nationally accredited volunteers. Visit our website (www.taoist.org/usa/locations) or email paloalto.ca@taoist.org or phone 650.396.9244.

AUGUST 26/27: All Saints Episcopal - **125th Anniversary Open House**. Tours, Used Book sale, Lemonade Stand, Art Display. Aug 26: 3 PM organ concert. Location: Corner Waverley/Hamilton.

SEPTEMBER 9: National **Clean Out Your Garage** Day. From the Weekly "Many garbage-collection companies offer a free pickup of over-sized items or extra trash cans if you call ahead, or you could rent a Dumpster, hire a junk-removal service, or post your available "free" items on social media. Or, how about a garage sale?

SEPTEMBER 11 start: **Mindfulness for Kids!** at 4 PM at 2251 High St. Are your kids feeling stressed, anxious, overwhelmed? Are they struggling with paying attention, getting focused or controlling their impulses? C.A.L.M. (Cultivating Awareness to Live Mindfully) for Kids is a 6 week interactive class, introducing kids to tools and techniques that will help them both in school and in life. Through games, movement, discussion and activities children will learn to focus their attention, increase their self-awareness, manage their difficult emotions and control their impulses. This class will help kids cope with the stress, worry and anxiety that is so prevalent in today's society. Classes 4th/5th Graders - Wednesdays 9/13-10/18 from 4-5:30 PM and 2nd/3rd Graders - Mondays 9/11-10/16 from 4-5:30 PM. More info, contact sarah@themindfulkids.com

SEPTEMBER 26- OCTOBER 1: **Great Glass Pumpkin Patch**® at the Palo Alto Art Center.

OLD

AUGUST 25: Fourth Friday/Films of Vision and Hope, "Changing Season: On the Masumoto Family Farm". Film & discussion 7:30 - 9:30 PM, Fireside Room, Unitarian Universalist Church, 505 E. Charleston. FREE, donations appreciated

AUGUST 25: Nancy Cassidy plays at the Magical Bridge Playground, Mitchell Park at 6:30 PM. Plus: Show at the Arts and Wine Festival at 11:30 AM.

AUGUST 26: John Jeavons: "Food for the Future, Now." Slow Food Speaker Series. Presentation and Book Signing at Los Altos Library from 6:30-8:30.

AUGUST 26 & 27: Palo Alto Festival of the Arts: 300 artists with decor and art in 2 and 3 dimensions, including sculptures, wearable art and much more. Chalk paintings at the Italian Street Painting Expo with 60 artists.

AUGUST 30: At the JCC: Ballerina: A One-Woman Play from 8-10 PM. FEE: \$25, \$20 Mem & J-pass, \$15 Students.

AUGUST 30: Café Sci Presents: "Translating 'Design Thinking' into Health Technologies: IDEO Case Studies." 6 - 7 P at the Stanford Blood Center, 3373 Hillview Avenue, Breezeway. FREE Complimentary Beverages/Cookies.

AUGUST 31: USGS monthly lecture at 7PM, Rambo Auditorium/Bldg. 3, 345 Middlefield Rd., Menlo Park. Preview at noon. "Roving on Mars: Curiosity's exploration of Gale Crater" by Lauren Edgar, USGS Research Geologist.

SEPTEMBER 2-4: King's Mountain Faire from 10 AM - 5 PM.

SEPTEMBER 3: Canary Challenge bike race for early detection of cancer. Register at www.canarychallenge.org

SEPTEMBER 8: St Michael's Trio: Menlo-Atherton Center for the Performing Arts, 555 Middlefield Road, Atherton. FEE: \$10. Upcoming concert: October 6, Delineating Dvorak, Stanford Dinkelspiel Auditorium. FEE: \$10.

SEPTEMBER 9: Common Ground Class: "Learn to Grow & Use Medicinal Herbs" from 2 - 4 PM at 687 Arasterdero Road. FEE: \$0-30. See <http://tinyurl.com/ycm2s2tx>. "Let food be thy medicine" - Hippocrates

SEPTEMBER 9: At Gamble Garden: 5th "Annual Tomato Extravaganza" from 9:30 - 11:30 AM

SEPTEMBER 9-10: Mt View Art & Wine Festival

SEPTEMBER 12: Zero Net Energy training, Mitchell Park Library, 1 PM-5 PM. Register at <http://tinyurl.com/y7uasmlp>.

SEPTEMBER 15: Walk for Alzheimer's, coordinated by the Webster House, from 10 - noon at 437 Webster St. September is World Alzheimer's month. For more see www.alz.eo.uk/world-alzheimers-month

SEPTEMBER 23: Common Ground Class at 687 Arasterdero "Planting for Honey Bees" from 2 - 4 PM. FEE: \$0-30. See <http://tinyurl.com/y8osdpys>

SEPTEMBER 23: At Gamble Garden: A Fall Container Garden from 9:30-11:30AM. FEE: \$80 members (Use code IRIS), \$95 non-members.

SEPTEMBER 23: Sunshares Workshop from 10:00 AM – noon, Mitchell Park Community Center, El Palo Alto Room. See latest updates on SunShares in Palo Alto, www.cityofpaloalto.org/sunshares. More about solar in Palo Alto at www.cityofpaloalto.org/solar.

SEPTEMBER 26-OCTOBER 1: 22nd Annual Great Glass Pumpkin Patch®. Exhibition dates: Sept. 26-27, 10 AM.-7 PM, and Sept. 28-29, 10 AM-5 PM. Pumpkin sale dates are Sept. 30-Oct. 1, 10 AM-5 PM.

OCTOBER 1: Gamble Garden Community day from 10 AM - 2:30PM. Children's activities, plant sale, horticultural resources, displays, garden demos, food, and entertainment. <https://www.gamblegarden.org/event/community-day-2017/>

OCTOBER 5: 50th anniversary of Stevenson House. Party and grand opening of the renovated Stephenson House (455 E Charleston) with tours from 4- 7 PM.

OCTOBER 6: Moonlight Run at Baylands. For more and to register www.paloaltoonline.com/moonlight_run

OCTOBER 8: Fall Share Faire and Halloween Costume Swap from 1-3 PM at Cubberley.

OCTOBER 14: Common Ground Class: "Fall Fruit Tree Pruning for Beauty and Bounty", 2 - 4 PM at 687 Arasterdero Road. FEE \$25 (Early bird) - \$30. Learn basic techniques of pruning and what tools to use.