

MIDTOWN NEWS – October 20, 2017

Editor: Annette Ashton for the Midtown Residents Association. See www.midtownresidents.org
LIST SERV at PaloAltoMidtown@yahoo.com. Great place to "chat"

1) MIDTOWN TIDBITS

MIDTOWN Business move: Sandy Dutro, D.C. will finally move to our new location on November. New address 616 Ramona Street #18 in Palo Alto. On the outside of the building it will say #18 is EverAthlete Performance. Our new hours effective November 1st will be Monday and Thursday from 9:00am-6:00 PM.

OCTOBER 28: **YOU CAN MAKE A DIFFERENCE IN YOUR NEIGHBORHOOD.** We've been lucky. Watching the devastation that has hit so many communities in the last couple months has many of us wondering what we would do in such difficult circumstances. Now is the time to take action to prepare ourselves and our community for emergencies. Here is one way to get started: The Block Preparedness Coordinator (BPC) Program enhances personal and community resilience by:

- 1) Getting ourselves and our community prepared,
- 2) Establishing emergency radio communications links when needed,
- 3) Empowering residents to assist emergency response by serving as "eyes & ears."

Make sure your **block is prepared.** Recruit a Block Preparedness Coordinator or become one! Block Preparedness training, Lucie Stern at 1PM. RSVP at epvolunteers@paneighborhoods.org. Learn how your block can be plugged in to the city for emergencies (crime) & disasters.

OCTOBER is **National Fire Safety** month. It is important that your CO detectors work and that you have 1 per floor. Take a moment to test your smoke alarms this week. For more on how to protect your family from fire, go to www.NFPA.org.

2) CITY/COUNTY/SCHOOL EVENTS

Palo Alto Fire Prevention Bureau to **Relocate** to Fire Station 8, Effective, Monday, October 16, 2017.

The Development Services Administration team and the Building Inspection team will be **relocating** to 526 Bryant at the beginning of December. Please be advised that 526 Bryant is not set up to provide public service. All customers will continue to report to the Development Center Counter on the first floor of 285 Hamilton

CITY COUNCIL:

Oct 23: Public Hearing - 250 Hamilton at 5PM. Start 6 PM, 3001 El Camino and Hearing on Comp Plan 6 PM. First of 2 meetings on comp plan (Nov 13 is second meeting).
<http://www.cityofpaloalto.org/civicax/filebank/documents/59857>

Oct 24: Interview Board and Commission candidates. Start 6PM First floor meeting room, city hall.
<http://www.cityofpaloalto.org/civicax/filebank/documents/59826>

Oct 30: Start at 5:30PM with a study session w/Utilities Advisory Commission. Topics: Waiver from retail preservation and Marijuana. <http://www.cityofpaloalto.org/civicax/filebank/documents/59916>

UPCOMING COMMISSION & BOARD MEETINGS

October 25: **Planning & Transportation Commission** at 6 PM regarding the Municipal Code. Agenda not on line currently.

October 26: **Library Advisory Commission** at 7PM at first floor meeting room city hall.
<http://www.cityofpaloalto.org/civicax/filebank/documents/59928>

San Francisquito Creek Joint Powers Authority & Santa Clara Valley Water District - **Flood Control: Upstream Workshops** & Field Trip - be informed and comment. Oct. 25: Workshop #2, Palo Alto Art Center Auditorium. 6 PM. – Open house and speak with the project team. 6:30-9 PM. – Workshop with recap from the previous workshop, stakeholder presentations, etc.

November 30: CEQA (Environmental Review) of **Stanford GUP 2018** Application at Art Center at 7 PM.

3) LOCAL EVENTS

OCTOBER 19 to 29, **UNAFF will present documentaries** spotlighting current events from across the globe, including Afghanistan, Australia, Cameroon, Canada, China, Colombia, Cuba, France, Germany, Haiti, India, Iraq, Iran, Ireland, Israel, Italy, Japan, Kenya, Mali, Mexico, Namibia, Nepal, Pakistan, Peru, Russia, Saudi Arabia, Somalia, South Korea, Swaziland, Syria, Tunisia, Uganda, and the United States. See schedule at <http://www.unaff.org/2017/schedule.html>

See all **Avenidas** Activities at <http://www.avenidas.org/>. Samples of classes follow. Programs on the 2nd floor of Building I at Cubberley. Also a new revised website. See www.avenidas.org. Then look for a survey in about a month to uncover your suggestions about our new site. REGISTRATION: call 289-5400.

- Oct 20: Presentation: Medicare Change & Updates. 1:30-2:30 PM. Pre-registration requested. FREE.
- Oct 23: Senior Adult Legal Assistance appts available for Santa Clara County residents age 60+. Must call for appt 289-5400. FREE.
- Oct 24: Advanced Health Care Directive appts available. Call 289-5400 to schedule. FEE: \$5.
- Oct 25: Blood Pressure Screening 9:30-10:30 AM. Senior Friendship Day @ CCC, Building M. FREE.
- Oct 26: Book Club: Lillian Boxfish Takes a Walk, by Kathleen Rooney. 3-4:30 PM. Drop in. FREE.
- Oct 31: Halloween Open House 9am-4pm, Avenidas @ CCC. Stop-in for sweet treats and to say "Boo!" Costumes welcome, but optional.
- Mondays: Caregiver Support Group from 11:30 AM - 1 PM. FREE. New Location: Sunrise Palo Alto, 2701 El Camino, Palo Alto.
- Mondays from 1-4 PM. FREE: Chinese Classical Mahjong
- Fridays from 1-4 PM. Non-Scary Duplicate Bridge. FEE: \$2/3
- Friday 1:30 - 4PM. Drop in Bridge. FREE

Deborah's Palm Events: See all events at www.deborahspalm.org. Call: 473-0664.

- Oct 21 & Nov 18: The Assertive Woman Workshops - Parts 1 and 2. These workshops are designed to educate and empower women in the skills of assertiveness. From 9 AM -12:30 PM. For more or to register, 533-5075 or email: philippa.perkin@gmail.com
- Oct 25: Phone Interview Prep Workshop for Women, Wednesday, October 25, 5:30-7 PM. We invite you to register for a workshop and/or schedule a free 20-minute initial phone consultation to discuss your specific career needs: www.careergenerations.com
- Fridays at Deborah's Palm: 10 AM - Knitting Group; 10 AM - Walking Group; 12 Noon; Poetry Lovers Group - September 8 (Second Friday of each month)

Talking with Henrietta - "**What Has Happened to the MBK Challenge?**" - Pres. Obama launched the My Brother's Keeper Initiative in 2014 to provide a pathway for supporters of the initiative to make a positive difference for millions of children throughout this country. On this new edition of Talking with Henrietta, the show's guests discuss what one local city is doing to achieve the results the initiative was created to accomplish. See this informative show over the Internet and on Comcast 30 through November 4, 2017 on Sundays@5 pm, Mondays@2 p.m. Tuesdays@8 pm, Wednesdays@2 a.m., 11 a.m. and 6 p.m., Thursdays@8 pm and Fridays@3:00 am & 12 pm. Get more information about this show at <http://www.epatoday.org/tv.html#mbk2>

OCTOBER 20: Fostering Resilience in Children and Teens & Why it Matters from 7:30 PM at Stanford, 450 Serra Mall. FEE: \$10. Raising resilient children and teens who thrive in our rapidly changing and uncertain world is no small task. Join Challenge Success for an evening of education and inspiration at our biggest parent education event of the year, featuring keynote speaker Dr. Ken Ginsburg, pediatrician and author of "Building Resilience in Children and Teens."

OCTOBER 21: California Bach Society: at 8 PM at All Saints Episcopal, 555 Waverley. FEE

OCTOBER 22: **Bone Marrow Drive** from 10 AM - 1 PM at Peninsula Bible Church at 3505 Middlefield Rd. Details at <https://mail.google.com/mail/u/0/#inbox/15f321f72386b99e>

OCTOBER 23: **Raging Grannies** perform at City Hall at 3:45 PM. Demonstration: "After the Northern California Fires: Is it Safe to Breathe In the Bay Area?" Grannies will sing a song with their message, including a verse addressing the fact that the majority of those who died in the fires were in their 70's or older. The Grannies' demonstration will be followed by a rally sponsored by 350.org from 4 PM calling out the banks that finance climate chaos.

OCTOBER 24: Jonathan King Annual Lecture. **Communication in Serious Illness: Getting to Yes.** At 5:30 PM at Stanford Health Care Campus, Lika Shing Hall, Berg A&B.

OCTOBER 25: **"Taste of Science: Let's talk Cancer."** This event is part of the big Bay Area Science Festival. Join us for a special evening celebrating science- with live demo and a debate! We will talk, learn and debate all things cancer. Get ready to get your hands slimy! Here are the themes: 1) The basics of cancer invasion (with slime demo!) 2) Fighting cancer from within: Are we ready for cancer immunotherapy? ALL PROCEEDS FROM THIS EVENT'S TICKET SALE WILL GO TO NORTH BAY FIRE RELIEF EFFORTS at 7 PM at Scotty's Bar and Grill. FEE: \$5 (purchase on our website: Read more <https://tasteofscience.org/san-francisco-events/2017/7/19/lets-talk-cancer>

OCTOBER 27: **"WASTED! The Story of Food Waste"**. 7:30-9:30 PM Unitarian Universalist Church of Palo Alto, 505 E. Charleston, Fireside Room. FREE, all ages welcome.

OCTOBER 29: **Trick or Treat** and Blossom Halloween Carnival: FREE Pre-halloween celebrations on California Ave from 10 AM - 2 PM on South California Ave (between Birch Street and Park Blvd)! This Silicon Valley tradition for over 23 years in Palo Alto provides a kid friendly, fun, festive start to Halloween for 0-12 year olds. Event includes Trick or Treats at participating businesses on California Avenue, costume contest, carnival games, live music, and toddler friendly activities. Organized by Blossom Birth Services a nonprofit resource center for expectant & new families. <http://www.blossombirth.org/halloween-2017.html>

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OCTOBER 20: Kat Taylor. "Supporting Sustainability and Social Justice Goals in the Banking Industry" at 7:30PM, Palo Alto Art Center Auditorium. FEE: \$10.00. See <http://tinyurl.com/l75yjmk>

OCTOBER 20: 14th Annual Avenidas Caregiver Conference "The Road to Resilience: Helping Families Thrive!" 8:30 AM - 3:15 PM, Mt View Sr Ctr, 266 Escuela Ave. FEE: \$50. Duo Discount: \$70. www.avenidas.org

OCTOBER 20: Acterra sponsors: Kat Taylor on "Supporting Sustainability and Social Justice Goals in the Banking Industry" at 7:30 PM at the Palo Alto Art Center Auditorium. FEE: \$10.

OCTOBER 20: Sereno Group Pumpkin Decorating contest - pumpkins must be received by Oct 20th at 258 High Street. For toddler, early & late elementary. All contestants will get a gift. One grand prize per age group.

OCTOBER 21: Palo Alto High School Flea market 9 AM - 3 PM.

OCTOBER 21: Palo Alto Philharmonic. "Dances With Flutes" 8 PM, Cubberley. FEE: \$22/\$18/\$10

OCTOBER 21: Native Plant Sale at Hidden Villa from 10 AM - 3 PM. 26780 Moody Road, Los Altos Hills

OCTOBER 21 - 31: Argentine Tango. Argentine Tango is a class that will start with foundational Tango exercises that lead to a specific tango move. 7:30 - 10 PM at Mitchell Park CC - Palo Alto Room

OCTOBER 21: FabMo Special Sale, 9 AM-3 PM. No appointments necessary. Details at www.fabmo.org

OCTOBER 21: Compost Basics from 10 AM - Noon at Cubberley, Room H-1. Register online http://cesantaclara.ucanr.edu/Home_Composting_Education/Composting_Workshops/ or call (408) 918-4640.

OCTOBER 22: At the JCC; Moon Mouse: A Space Odyssey: A Children's Show. 4:30-5:30 PM AND 6:15-7:15 PM. FEE: \$35, \$30 Mem & J-Pass. \$25 Children of All Ages.

OCTOBER 24: At the JCC: Presentation on **films made during an era when most American Jews were immigrants** or the children of immigrants with a variety of clips and shorts that demonstrate some of the ways immigrant Jews were represented in films of the silent era, ranging from admiring portraits to prejudiced caricatures. From 1 -2:30 PM. FEE: \$15. For more, contact Michelle Rosengaus at 223-8616 or mrosengaus@palaltojcc.org.

OCTOBER 24: An Evening with Esther Perel at CUBBERLEY at 8 PM. FEE: \$30 Ticket and book bundle | Tickets \$22 , \$18 Mem & J-Pass, \$12 Students.

OCTOBER 25: Palo Alto Chamber presents "Immigration Changes and Challenges" 7:30 - 8 AM breakfast, 8 Am Panel Discussion at Sheraton Hotel 625 El Camino. FEE: \$25 Chamber members; \$35 non-members.

OCTOBER 26: USGS Monthly Lecture "Global Trends in Mineral Commodity Supplies?" at 7 PM at USGS HDQ Rambo Auditorium/Bldg. 3, 345 Middlefield Rd., Menlo Park.

OCTOBER 26: "Mapping the Human Brain and the Path to Stroke Recovery" hosted by Pacific Stroke Association at the Garden Court Hotel from 5:30 PM. RSVP to events@psastroke.org. FEE: \$150@

OCTOBER 28: Palo Alto Buddhist Temple on 2715 Ross Road. Craft fair and vintage sale featuring Asian-inspired, handmade crafts and heirloom collectibles. Food for sale. From 10 AM to 4 PM.

OCTOBER 28: Facebook Festival from 12 - 5 PM at 1 Hacker Way. "Dia De Los Muertos" featuring fun for kids - haunted house & corn maze, live music, cooking demos, food trucks, costume parade and more. FREE.

OCTOBER 29: "Listening to Trump's America" 3 States, 3 Counties, 100+ Conversations w/County Supervisor Joe Simitian, 11 AM - 1PM at Lucie Stern. RSVP 289-9038 or email gabe@joesimitian.com. FEE: Starting at \$50.

OCTOBER 29: Diwali celebration: The Festival of Lights, at the Rinconada Library, noon - 5 PM. FREE with music, dancing, henna, crafts, and lots more for the entire family to enjoy. Food will be available for purchase.

OCTOBER 29: FabMo event of the year! 8th Annual FabMo Textile Arts Boutique, at Palo Alto Elks Lodge from 10 AM - 4 PM. Fabulous, inspiring, exciting!

NOVEMBER 1: Café Sci Presents: "Women in Science: A Panel Discussion Exploring Gender in Scientific Fields" at Stanford Blood Bank, 3373 Hillview at 6 PM. FREE with complimentary cookies and beverages.

NOVEMBER 4: Author's Luncheon to support Abilities United. From 10:30 AM - 3 PM. at Crown Plaza Hotel. Buy tickets at www.AbilitiesUnited.org or 618-3304.

NOVEMBER 4: "Designing Native Gardens and Rain Harvesting" from 9 AM - 12 PM at Lucie Stern. FREE

NOVEMBER 5: Repair Cafe: 11 AM- 2 PM at Museum of American Heritage - MOAH, 351 Homer Ave. Bring your tired, broken or poorly working appliances, bikes, lamps, simple sewing & jewelry repairs and we will fix it and help you learn to fix things yourself!

NOVEMBER 10: Gamble Garden Members Holiday Cooking Class for Children and Adults from 9:30 AM - noon. FEE: \$30

NOVEMBER 16: "Starting a Home Orchard with Bareroot Fruit Trees" at 7 PM Rincondada library. FREE: