

## MIDTOWN NEWS – January 26, 2018

Editor: Annette Ashton for the Midtown Residents Association. See [www.midtownresidents.org](http://www.midtownresidents.org)  
LIST SERV at [PaloAltoMidtown@yahoo.com](mailto:PaloAltoMidtown@yahoo.com). Great place to "chat"

### 1) MIDTOWN TIDBITS

Winter Lodge **Spring Ice Skating Class** registration will begin on Monday, January 29 at 10:00 am. You may register in person or by phone. The Spring Session of classes will run 9 weeks from February 12 through April 15 and includes a 1/2 hour group lesson once a week, free practice time, rental skates and 2 extra free practice passes for \$234.00. For more information please visit [www.winterlodge.com](http://www.winterlodge.com).

Nominations for **Tall Tree Award** until Feb 9th in the following categories: Outstanding Business, Outstanding Nonprofit, Outstanding Citizen Volunteer, Outstanding Professional or Business Person. Event will be May 19th, Application at Chamber web site [www.paloaltochamber.com](http://www.paloaltochamber.com).

**EPREP TIP:** With so many disasters in the news these days, it pays to know what to do immediately after a disaster. Here are some tips from FEMA and Palo Alto Emergency Volunteers.

1. Listen to local officials for updates & instructions. In Palo Alto you can get news at KZSU, 90.1 FM (local news) or KCBS, 740 AM/106.9 FM even when the power is down via a crank, battery or solar powered radio. If internet is available there will be City announcements on Nextdoor. Or, you can follow the PAPD on social media at [http://www.cityofpaloalto.org/gov/depts/pol/social\\_media\\_connections.asp](http://www.cityofpaloalto.org/gov/depts/pol/social_media_connections.asp).
2. Use texts or social media to check in with family and friends. The Red Cross has a Safe and Ready website for reporting you're safe and Facebook has a safety check feature during disasters.
3. Watch out for debris or downed power lines.
4. Stay out of damaged buildings and homes until local authorities say it is safe.
5. Photograph the damage to your property to assist in filing an insurance claim.

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### 2) CITY/COUNTY/SCHOOL EVENTS

**BOARD & COMMISSION OPENINGS:** Currently recruiting for the following positions. Applications due March 20 at 4:30 PM. Historic Resources Board, Human Relations Commission, Public Art, Utilities Advisory Commission. <http://bit.ly/bcapplications>

Receive a state grant for "**beautification**" and enhancement."

<https://www.paloaltoonline.com/news/2018/01/12/city-seeks-input-on-grand-boulevard-project>. Stay up-to-date on this project, see <https://www.cityofpaloalto.org/news/displaynews.asp?NewsID=4119>.

### CITY COUNCIL

January 29: Start at 6PM. Topics: Financial Report & Forecast, Southgate Residential parking, and ADUs (Accessory Dwelling Unit). <https://www.cityofpaloalto.org/civicax/filebank/documents/62948>

Feb 5: Start 7 PM after closed session. Topics: Housing Work Plan, Evergreen Residential Parking & Junior Museum & Zoo. <https://www.cityofpaloalto.org/civicax/filebank/documents/63050>

### UPCOMING COMMISSION & BOARD MEETINGS & OTHER

JANUARY 27: **Zero Waste Plan** 10-11:30 AM 1/15 City Hall first floor city hall meeting room; 1/27 Art Center meeting room.

JANUARY 29: Finalist Presentations and Interviews for Public **Artists for the Public Safety Building**. Community members are invited to observe four artist presentations and interviews from 1:00 - 4:30 PM in First Floor Meeting Room, City Hall.

JANUARY 30: **Groundbreaking for the Rinconada Fire** Station No. 3 replacement project is at 10 AM! The ceremony will be held outside the existing station at 799 Embarcadero Road, next to Rinconada Park.

JANUARY 30 : **PAUSD**. Topics: board member term limits, goal updates, a dyslexia plan, Stanford University General Use Permit (GUP) at 6:30 PM at the district office, 25 Churchill Ave.

JANUARY 31: **Planning & Transportation** Commission at 6 PM in the Council Chambers. Topics zoning amendments relating to the Public Facility district, a new combining district for high-density housing and have a workforce housing component for a 57-unit apartment building at 2755 El Camino Real; and consider approving an ordinance modifying the review process for the city's annual 50,000-square-foot limit on new office and research-and-development space.

FEBRUARY 1: Directors Hearing: **850 Boyce Ave.** Individual Review - 1 story home to 2 stories.

FEBRUARY 1: **Architectural Review** Board at 8:30 AM in council chambers. Projects 620 Emerson (Commercial - 1 to 2 stories), 2775 Embarcadero (Master Sign Exceptions Baylands).

FEBRUARY 2: **PAUSD Policy Review** Committee. Topics: class size, school calendar, board member communications, employee use of technology and complaints concerning employees at 8:30 AM at the district office, 25 Churchill Ave., Room A.

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### 3) LOCAL EVENTS

**Avenidas Activities** at <http://www.avenidas.org/>. Samples of classes follow. Programs on the 2nd floor of Building I at Cubberley. New revised website at [www.avenidas.org](http://www.avenidas.org). REGISTRATION 289-5400.

- Jan 26: Cyber Security - Do's and Don'ts of Online Security at 10:30 AM in Room 2. Registration Required. FREE for Avenidas members, \$10.
- Jan 27: Journey Card Collage Workshop: Creation & Reading, 9 AM - 2 PM. FEE: \$25 + \$5 materials
- Jan 29: Presentation: Sleep Like a Baby, 1:30-2:30 PM. FREE
- Jan 31: Mindfulness Meditation, 2:30-3:30 PM. FREE.

Talking with Henrietta: "**How One Woman Unknowingly Changed Human History.**" HeLa cells have improved human health in unexpected ways. Show guests discuss how these cells sparked multiple controversies involving family bitterness, charges of exploitation, racism, poverty & greed. See this compelling discussion on Comcast 30 through January 28, 2018 on Sundays@5 PM, Mondays@2 PM, Tuesdays@8 PM, Wednesdays@2 AM, 11 AM.& 6 PM, Thursdays@8 PM and Fridays@3:00 AM & noon. It can also be seen on Channel 27 on Wednesdays at 10:30 PM. Get more information at <http://www.epatoday.org/tv.html#henrietalacks>

JANUARY 27: **Financial Foundation Workshop** Series (1 OF 4). This 4-part workshop series will help you understand and take control of your finances and help you build a strong financial foundation. Part 1 will focus on cash flow and debt management. From 2:00 - 3:30PM at Mitchell Park Library.

JANUARY 27: **FABMO Special Sale:** We have a lot of special stuff for your enjoyment! For 6 hours this Saturday we will be open for your convenience. No appointments are necessary. 9 AM - 3 PM.at 970 Terra Bella (off Shoreline), Mountain View.

JANUARY 28: **Theatre of the Oppressed** workshop from 1 - 5:00 PM, UU Fellowship of Redwood City, 2124 Brewster Avenue (at Lowell), Redwood City. This four-hour session will apply Theatre of the Oppressed to building rapid response networks whose aim is to protect immigrant families from being torn apart by cruel and unjust deportations. With the help of those who have lived the immigrant experience first hand, citizen allies learn how to respond in real time when ICE appears in the neighborhoods. At the workshop, you'll practice how to record and document their operations, and follow up with legal support and accompaniment. Please dress comfortably for movement. You can register or make a donation at [http://bit.ly/TO\\_2018-01-28](http://bit.ly/TO_2018-01-28)

JANUARY 31: Cafe Scientifique: **Why Did the Robot Cross the Road?** A Discussion of Social Interaction with Autonomous Technologies of the Future with David Sirkin, PhD, Research Scientist at the Center for Design Research, and a lecturer in the Department of Mechanical Engineering at Stanford University from 6:00 - 7:00 PM at the Stanford Blood Center, 3373 Hillview Avenue, Breezeway. Free Admission ▪ Complimentary Beverages and Cookies

JANUARY 31: **"Mohr Visiting Poet - Louise Gluck"** at Stanford Creative Writing Program...Bechtel Conference Center, Encina Hall, Stanford at 8 PM. FREE

FEBRUARY 1: **Designing Technology for a More Peaceful World** at 7:30 PM Cubberley Auditorium, School of Education at Stanford. FREE

FEBRUARY 5, MARCH 26, MAY 22 at 7:30 PM all 3 days: At the JCC. **Jewish Women's Theatre**. FEE: Series of 3 plays pricing: \$75, \$65 Mem/J Pass, per play \$30, \$25 Mem/ J-Pass. Three plays from Jewish Women's Theatre (JWT). "The Accidental Activist" is about people who act to right a wrong, help the helpless or bring a smile when there is no hope. (February 5); "Crossing Our Red Sea" explores life's truths as found in the Passover story using thought-provoking contemporary stories, poems and songs to make you laugh and cry. (March 26); Finally, find out why we should care about millennials, when "What's NEXT?" will be performed. Who are these 20- and 30-year-olds and what do they think? What do their stories tell us? See this shocking and hysterical show about the NEXT generation. (May 22)

FEBRUARY 7: **St Olaf Choir** at Stanford Memorial Church at 7:30 PM. FEE: \$28-33, \$20 Students

FEBRUARY 8: Palo Alto Adult school class in **Healthy Cooking** at PALY, Room 103. FEE \$60. Register at [www.bit.ly/healthyweeknightmeals](http://www.bit.ly/healthyweeknightmeals)

FEBRUARY 9: At Avenidas Come join us for a fireside chat with Dr. Manjula and Richard Adler to examine the **impact of Technology on Intergenerational Values and Morals** at 11 AM. FREE

FEBRUARY 9: **Drowning World** with Gideon Mendel at 7:30 PM at Mitchell Park Community Center. FEE: [www.paloaltophotoforum.org](http://www.paloaltophotoforum.org)

FEBRUARY 10: At the JCC: 2 Annual Benefit Featuring **Mentalist Lior Suchard** from 6- 11 PM. FEE: \$300. Lior Suchard is the world's greatest mentalist. His performances of thought influence, prediction, mind reading and telekinesis have made him the most sought-after mentalist in the world. His list of fans stretches from A-list Hollywood celebrities to heads of state. Suchard takes live audiences on a journey through the wonders of the human brain. He reads audience members' minds as easily as he reads a newspaper, delving into their innermost thoughts and astounding the most skeptical critics. Suchard's act builds on drama and astonishment and includes humor and audience participation.

FEBRUARY 11: At the JCC: An Evening with Author **Ayelet Waldman, Author of 'A Really Good Day'** from 5:30 -7 PM. FEE: \$25 Ticket & Book Bundle, \$18 (ticket only), \$15 Mem/J-Pass holders (ticket only), \$10 Students (with ID) (ticket only). Ayelet Waldman's book, "A Really Good Day: How Microdosing Made a Mega Difference in My Mood, My Marriage, and My Life," is a courageous and funny account of her experiment with microdoses of LSD to treat a debilitating mood disorder. At a low point in her life, Ayelet received a vial in the mail from "Lewis Carroll." She opened the vial, placed two drops on her tongue and joined an underground group of people successfully using therapeutic microdoses of LSD. Ayelet charted her experience and explored the history, mythology, research and policies controlling LSD. A former federal public defender and mother of teenagers, Waldman has written an eye-opening and enthralling book.

FEBRUARY 11: **"Catch '67': The Ideas Behind the Arguments That Tear Israel Apart"** from 7:30 - 9 PM. FEE: \$15 Mem/J-Pass, \$18 General Public, \$20 at the door, space permitting. Micah Goodman's bestselling book "Catch 67" pushes past ideological orthodoxy by presenting the various ideologies at play in the conversation about peace between the Israelis and the Palestinians. His central thesis is the paradox, described by the New York Times, that, "both remaining in the West Bank and leaving it could spell the end of the Zionist project." This entertaining and thoughtful lecture will present a new way for the Jewish people to imagine the next 50 years and beyond in Israel.

MARCH 4: **Chinese New Year Faire** at Mitchell Park Community Center from 2-5 PM.

APRIL 27-28: Adolescent Mental Wellness Conference "**Overcoming Cultural Barriers to Access**" at the Santa Clara Convention Center. Conversations will be to address the stigma of mental wellness and for policymakers, clinicians, youth and families to come together to better understand how we can best overcome cultural barriers to access in supporting mental health needs. To register for the conference: <http://adolescentconference.stanfordchildrens.org>. Early bird pricing through Jan 31

## OLD

JANUARY 26: At the JCC: New Century Chamber Orchestra presents: "Mozart Birthday Celebration" from 8 - 10 PM. FEE: \$29 to \$61.

JANUARY 26: Films of Vision and Hope. "Inhabit" at 7:30PM at Unitarian Universalist Church, 505 E Charleston. FREE, Donations appreciated.

JANUARY 28: At the JCC: "Mandy Harvey in Concert" from 7:30 - 9 PM. FEE: \$40, \$35 Mem/J-Pass, \$25 Students. Mandy Harvey is a deaf American singer-songwriter.

JANUARY 28: Palo Alto Historical Assn. - PAHA lecture "California Apricots: The Lost Orchards of Silicon Valley." Speaker: Robin Chapman from 2- 4 PM at Lucie Stern Community Center.

JANUARY 30: At the JCC: IRISH MUSIC AND TALES...Irish stew of music, song and story from 1 to 2:30 PM FEE:\$15. For more, contact Michelle Rosegaus [mrosengaus@palaltojcc.org](mailto:mrosengaus@palaltojcc.org) or 223-8616.

JANUARY 30: Volunteer for Avenidas Early Literacy Program. Winter Gathering for current and prospective reading tutors on Tuesday, from 2:00-4:00 PM. RSVP to Michael Kass at [mkass@avenidas.org](mailto:mkass@avenidas.org) or 289-5419.

JANUARY 31: Cafe Scientifique: "Why Did the Robot Cross the Road?" A Discussion of Social Interaction with Autonomous Technologies of the Future with David Sirkin, PhD, Research Scientist at the Center for Design Research, and a lecturer in the Department of Mechanical Engineering at Stanford University. Stanford Blood Bank 3373 Hillview Breezeway at 6 PM. FREE: Complimentary Beverages and Cookies

JANUARY 31: Palo Alto Chambers sponsors "Fake News" from noon to 1PM at Mitchell Park Community Center El Palo Alto Room. FEE: \$15 mem, \$20.

FEBRUARY 1: Acterra recommends: GreenTalk at the Los Altos Library, "We Have Electricity, Let's 'Switch' To Using It" at 7 PM. Topic: Switch from fossil fuels to clean electricity & how we can make that happen.

FEBRUARY 3: WINTER GARDENING. Expert gardeners will be on hand at the Palo Alto Demonstration Garden, 851 Center Drive from 10-11 AM.

FEBRUARY 3: At the JCC: "Opera for Families: All You Need Is Love...and Opera" from 10:30 - 11:30 AM. FEE: \$18, \$15 Mem/J-Pass/Children (all ages).

FEBRUARY 3: Gamble Garden: "Lush Landscapes With Little Water" from 9:30 - 11:30 AM. RSVP. FEE: \$20 Member (use promo code IRIS) / \$35 Non-member

FEBRUARY 7 to Feb 28: Avenidas Jumbo Memory Training, 2 - 4 PM. Proven effective in up to 95% of participants for up to 5 years. FEE: \$99/\$115

FEBRUARY 8: Acterra lecture: How We Know It Was Climate Change: Connecting Extreme Weather Events with Global Warming, 7:30 PM at Lucie Stern Community Room. See recent op-ed in the New York Times. <https://tinyurl.com/ya8lm6v5>

FEBRUARY 8: At the JCC: An Evening with Author Dr. Irvin D. Yalom, 7:30 - 9:00 PM. FEE: \$34 Ticket w/book bundle, \$20, \$18 Mem/J-Pass holders, \$12 Students. Psychiatrist Irvin D. Yalom has made a career of investigating the lives of others.

FEBRUARY 10: Gamble Garden: Lunar New Year. 9 – noon. Enjoy activities for the family including: Tours of our famous Camellia beds, Learning and speaking Chinese characters, Chinese paper folding and cutting, Red packet craft, Chinese New Year Story Telling. Free but registration is requested:  
<https://www.gamblegarden.org/event/lunar-new-year-second-saturday-february-2018/>

FEBRUARY 13 & MARCH 20: Wally Stegner Lectures. For tickets & more: [OpenSpaceTrust.org/Lectures](http://OpenSpaceTrust.org/Lectures).  
2/13 - Gina McCarthy; 3/20 - Winona LaDuke

FEBRUARY 17: Environmental Volunteers: Baylands Bioblitz from 9 AM - 1 PM at Lucy Evans Baylands Nature Interpretive Center, 2775 Embarcadero Rd.