PREPARING YOUR PETS

- □ Make certain all your pets wear ID tags
 - Dogs and cats should wear collars
 - □ Birds can wear leg rings
- Tattoo or microchip your pet and register your pet's number with a tattoo or microchip registration service.
- Your pet's ID tag should include a friend or relative's phone number as well as yours.
- Keep a supply of write-on ID tags, in case you're evacuated. Make sure your pet is wearing a tag with its new address.
- Put a sign in your front & back windows indicating number and types of pets.
 Date the signs and keep up to date
- Have several close-up photos and a record of your pet's size, weight and special markings.
- $\hfill\square$ Arrange for out of area friends to take in pets

KIT FOR YOUR PETS

- □ Pet carrier
- □ Leash & collar (dogs) / harness (cats)
- Week's supply of food & water for each pet
 Rotate every six months
- $\hfill\square$ Food & water bowls
- $\hfill\square$ Can opener for canned pet food
- Det first-aid kit
- □ Blanket & paper towels
- □ Toys
- Cat litter and disposable litter trays (aluminum roasting pans)
- Use Veterinarian info & vaccination certificates
- $\hfill\square$ Fresh supply of any pet medications
- □ Photos & extra tags (in case pet gets lost)
- $\hfill\square$ Location of animal shelter / humane society
- $\hfill\square$ Cash to pay for emergency boarding

KIT FOR YOUR OFFICE

Keep a small pack in your desk drawer.

- □ 1-2 boxes MREs
- □ 3 boxes / bags water
- Small first aid kit / tissues / wet wipes
- $\hfill\square$ Some money in small bills & quarters
- Mylar blanket / Rain poncho
- $\hfill \mbox{Small}$ AM / FM radio
- $\hfill\square$ Solar-powered flashlight / light sticks
- Pocket knife / multi-purpose tool

ADDITIONAL TIPS

DON'T WAIT TO BUY SUPPLIES IN AN EMERGENCY THEY WILL NOT BE AVAILABLE!

 $\hfill\square$ For items stored outside/in a garage:

- Protect food from sunlight and heat/cold extreme temperatures
- Use vermin-resistant containers
- Put grains, rice, cereals and such into airtight containers
- Buy nitrogen-gas packaged food products whenever possible
- Tarps and duct tape are must have multifunctional items.
- Carry these Pocket Guides:
 Emergency Preparedness
 Preparing for Pandemic Flu.

Methods for Purifying Water

Water is the most important thing you need to survive.

- $\hfill\square$ Boil water (full, rolling boil) for 10 minutes.
- Use 10 drops of bleach per gallon of water; let sit for at least 30 minutes.

See the FEMA Guide on Water Survival: http://www.fema.gov/plan/prepare/watermanage.shtm

PALO ALTO NEICHBORHOODS an independent umbrella group to enhance communications and mutual support for the Palo Alto Neighborhoods



www.paneighborhoods.org/ep

PREPARING KITS FOR EMERGENCIES WHILE AWAY FROM HOME

PAN Partners

City of Palo Alto

More on Preparation & Supplies

www.paarc.org www.72hours.org www.quakekare.com www.quakepro.com www.iprepare.com www.majorsurplusnsurvival.com www.campingsurvival.com www.sccphd.org

GO KIT FOR YOUR CAR

Keep these items in a duffle bag or plastic container in your car trunk. Try to have at least a 3 day supply per person.

FOOD & WATER

- Ready-to-eat meal packets
- Individually-packaged water
- $\hfill\square$ Beverages in foil-lined boxes
- □ Trail mix & granola bars
- □ Crackers & cookies
- □ Instant packets of juice or sports drinks
- □ Chicken & beef bullion
- $\hfill\square$ Instant coffee, tea bags
- Unscented household bleach to purify water

FOOD PREPARATION & STORAGE

- □ Mess kit (plate, knife, fork & spoon)
- Paper towels / Plastic resealable bags
- □ Knife & large spoon
- Liquid detergent

CLOTHES & SHELTER

- $\hfill\square$ Long-sleeved pants / shirt / warm jacket
- $\hfill\square$ Sturdy shoes and socks
- $\hfill\square$ Sturdy work gloves
- □ Rain poncho / hat / scarf / umbrella
- Sunglasses
- $\hfill\square$ Heat packs
- □ Blankets (mylar / cotton)
- $\hfill\square$ Plastic ground cloth / tarps / sheeting
- □ Tube tent / Emergency sleeping bag

PERSONAL HYGIENE

- □ Toilet paper / Tissues / Feminine supplies
- □ Tooth brush & toothpaste
- □ Small bottles of liquid soap & shampoo
- □ Towel & washcloth
- □ Antibacterial hand wipes
- □ Comb, brush / razor

FIRST AID

- Basic First Aid Kit
- □ Anti-bacterial ointment
- $\hfill\square$ Antiseptic wipes / moistened towelettes
- □ Cleansing agent / soap
- □ Sunscreen & chapstick
- Waterless alcohol-based hand sanitizer
- Cold pack
- Sewing kit

Nonprescription Drugs

- $\hfill\square$ Aspirin or non-aspirin pain reliever
- Anti-diarrhea medication
- $\hfill\square$ Antacid (for stomach upset)
- □ Antihistamine
- $\hfill\square$ Roll of throat lozenges

TOOLS

- Small folding shovel
- Collapsible bucket
- $\hfill\square$ 10' 1/2" thick rope / 50' 3/16" cord
- Fire starting kit
- Utility knife / Swiss Army Knife
- □ Crowbar
- □ Screwdrivers phillips and flat head
- D Pliers / folding saw / crescent wrench
- □ Compass / mirror
- Cigarette lighter / waterproof matches
- $\hfill\square$ Duct tape / Garbage bags

COMMUNICATION

- $\hfill\square$ Cell phone & phone card
- □ Cell phone charger (solar or crank)
- $\hfill\square$ Battery-operated radio & extra batteries
- □ Flashlight (store batteries separately)
- □ Electronic (1) or flameless light sticks (12)
- □ LOTS of Batteries
- Paper, pencil, pen
- □ Maps
- Whistle
- □ Telephone numbers of relatives & friends

GRAB & GO BAG

Many items you might need in an emergency evacuation (such as a flood) shouldn't be kept in your car because of heat.

Keep these items in a small bag you can grab on your way out the door.

If you have a cat or small dog, consider using a pet carrier as your go bag.

General

- $\hfill\square$ Prescription drugs / medication schedule
- $\hfill\square$ Tetanus shot & vaccination records
- □ Insulin supplies
- □ Contact lenses & supplies / eyeglasses
- □ Denture needs
- □ Hearing aid batteries
- □ Medical records
- □ Extra house & car keys

Especially for Baby

- Bottles / formula / powdered milk
- Prescription drugs / medication schedule
- $\hfill\square$ Jars of baby food
- □ Diapers & wipes
- Blanket
- □ Extra clothing
- □ Small plush toy

For Pets (see also PET KIT)

- □ Canned food
- □ Fresh supply of any pet medications